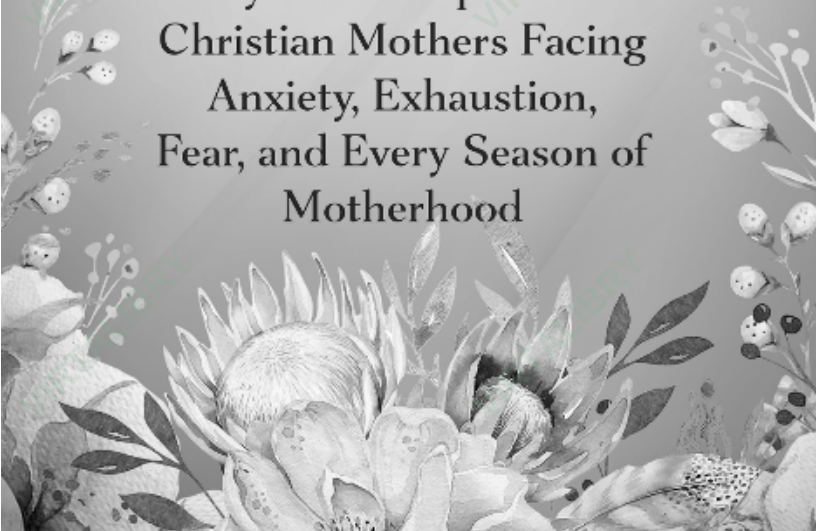




GRACE ST. JAMES

Hold On, MAMA

Over 480 Bible Promises,
Prayers & Scripture for
Christian Mothers Facing
Anxiety, Exhaustion,
Fear, and Every Season of
Motherhood



Hold On Mama

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Unless otherwise indicated, all Scripture quotations are taken from the New King James Version of the Holy Bible.

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If this book has encouraged you, a brief review on Amazon helps it find the women who need it most. Go to www.GraceStJames.com/reviews
Thank you.

A NOTE FROM GRACE

Dear Mama,

Before you turn another page, I want to stop and say something that I mean with my whole heart; **Thank You.** Thank you for choosing this book. Thank you for investing in your faith, your family, and your own soul. Out of everything that competed for your time and attention today, you chose to open God's Word, and that tells me everything I need to know about the kind of mother you are.

Writing this book was one of the greatest honors of my life. Every scripture was chosen with you in mind, every prayer was written from my heart, and every question was crafted with the hope that God would use it to speak something personal and powerful directly into your heart. My greatest prayer is that this book becomes a trusted companion through every season of your motherhood and that you return to it again and again for as long as you need it.

I would love to connect with you, hear your story, and continue to encourage you beyond these pages. You can find me at gracestjames.com where I share more encouragement, resources, and a community of mothers who are walking this journey together in faith.

You are not alone. You are seen. And you were absolutely made for this.

With love and prayer for you and your family,

Grace St. James

www.gracestjames.com

FOREWORD

There is no job quite like motherhood.

It is a calling that will take you to the highest heights of joy and the deepest depths of sorrow. Sometimes within the same hour. It will stretch you beyond what you believed you were capable of, expose every fear you have ever carried, and demand a love from you that you did not know you possessed until the moment you held your child for the first time.

Motherhood is glorious. And motherhood is hard! If you are holding this book, it is likely because you are in the middle of one of those hard moments. Perhaps you are worn out and running on empty. Or it may be fear for your child that has kept you awake at night. Perhaps you are standing at the crossroads and have no idea which way to turn. Or is it grief, loneliness, or discouragement that has settled over your heart like a heavy cloud and you cannot seem to find your way back to the light?

This book was written for you.

In these pages you will find the unchanging promises of God taken directly from the pages of His Word. Promises that were true for the mothers who came before you, promises that are true for you today, and promises that will remain true long after this difficult season has passed. These are not empty words of comfort. They are the living, breathing, unbreakable covenant promises of a God who sees you, knows you, loves you fiercely, and has not, for even one moment, taken His eyes off you or your children.

The Bible is not silent about the struggles of motherhood. It is filled with the stories of mothers who were afraid, exhausted, heartbroken, and even some who doubted and cried out to God in desperation. In every single case, God met them exactly where they were. He is the same God today.

Whatever chapter of this book you opened first, know this; you have not turned to it by accident. God has a word for you in this very moment. He is not distant or distracted. He is near. He is listening. And His promises over your life and the lives of your children will not fail.

HOW TO USE THIS BOOK

This book was not designed to be read from cover to cover in a single sitting. It was designed to be digested in pieces, and meditated over. Keep it close, on your nightstand, in your bag, or anywhere that is handy. When a need arises or discouragement settles in, turn to the chapter that speaks to where you are right now. Read each scripture slowly and out loud when you can, because faith comes by hearing and there is power in speaking God's promises out loud. Use the prayer at the end of each chapter to move what you have read into conversation with God, and sit with the reflection question long enough to let it do God's work in you. The more you bring your real struggles to God's real Word, the more your trust in Him will deepen. God is not looking for a perfect mother. He is looking for a willing one, and this book is simply an invitation to surrender a little more of yourself to Him every single day.

DEDICATION

Dedicated to the memory of my mother, who tirelessly created a world where art was a language.

She believed that words were a gift worth giving early, and she gave them to me at four years old, placing a book in my hands and a love of language in my heart that never left. She wrote stories for children who needed to see themselves on the page. She wrote novels that never found a publisher but were never less than brilliant. She put pen to paper because she could not help it, because something in her knew that the world was better when someone was paying attention and writing it down.

She is the reason I write. She is the reason I believe that words carry weight and that the right ones, given to the right person at the right time, can change a life.

This book exists because she handed me a pencil before most children had learned the alphabet. Every page of it belongs to her.

Mom, I am still writing.

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ANXIETY & WORRY

WHEN YOU CANNOT STOP WORRYING ABOUT YOUR CHILDREN

"Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?"

MATTHEW 6:25

WHEN ANXIETY OVERWHELMS YOU AND YOU DON'T KNOW WHERE TO TURN

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

PHILIPPIANS 4:6-7

WHEN THE WEIGHT OF MOTHERHOOD FEELS TOO HEAVY TO CARRY

Cast your burden on the LORD, And He shall sustain you; He shall never permit the righteous to be moved.

PSALM 55:22

WHEN YOU FEEL AFRAID AND NEED TO SIMPLY TRUST
GOD IN THIS MOMENT

Whenever I am afraid, I will trust in You.

PSALM 56:3

WHEN YOUR MIND WILL NOT STOP RACING AND YOU
NEED GOD TO QUIET YOU

*Trust in Him at all times, you people; Pour out your
heart before Him; God is a refuge for us.*

PSALM 62:8

WHEN YOU NEED THE COMFORT THAT ONLY GOD
CAN GIVE

*"As one whom his mother comforts, So I will comfort
you."*

ISAIAH 66:13

WHEN YOUR MIND CANNOT FIND CALM

*You will keep him in perfect peace, Whose mind is
stayed on You, Because he trusts in You.*

ISAIAH 26:3

WHEN YOU NEED TO KNOW THAT GOD IS FIGHTING
FOR YOU

*What then shall we say to these things? If God is for
us, who can be against us?*

ROMANS 8:31

WHEN FEAR HAS PARALYZED YOUR HEART AND
STOLEN YOUR PEACE

There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love.

1 JOHN 4:18

WHEN WORRY HAS STOLEN YOUR JOY

Anxiety in the heart of man causes depression, But a good word makes it glad.

PROVERBS 12:25

WHEN YOU WONDER IF WORRYING CAN CHANGE
ANYTHING

"And which of you by worrying can add one cubit to his stature? If you then are not able to do the least, why are you anxious for the rest?"

LUKE 12:25-26

WHEN YOU NEED TO BE REMINDED TO GIVE YOUR
CARES TO GOD

Casting all your care upon Him, for He cares for you.

1 PETER 5:7

WHEN WORRY KEEPS YOU AWAKE IN THE NIGHT

In the multitude of my anxieties within me, Your comforts delight my soul.

PSALM 94:19

A Prayer for the Anxious Mother

Father, I come to You today laying down every worry that has taken root in my heart. You know the fears I carry for my children, for my family, and for my future. I choose right now to cast every anxious thought at Your feet and to trust that You are in control of every detail of my life. Replace my anxiety with Your perfect peace, your peace that surpasses everything my mind can understand. Teach me to bring every worry to You in prayer rather than carrying it alone. You have promised never to leave me, and I choose today to believe that promise; your word is faithful and true.

In Jesus' name, Amen.

Question to meditate on:

If you truly believed that God was holding every fear you carried about your children, what would you do tomorrow that anxiety has been stopping you from doing today?

BURNOUT & EXHAUSTION

WHEN YOU HAVE NOTHING LEFT TO GIVE

"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."

MATTHEW 11:28–30

WHEN YOUR BODY AND SPIRIT ARE COMPLETELY WORN OUT

He gives power to the weak, And to those who have no might He increases strength. Even the youths shall faint and be weary, And the young men shall utterly fall, But those who wait on the LORD Shall renew their strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

ISAIAH 40:29–31

WHEN YOU NEED TO BE REMINDED WHERE YOUR STRENGTH TRULY COMES FROM

"Do not sorrow, for the joy of the LORD is your strength."

NEHEMIAH 8:10

WHEN YOU ARE RUNNING ON EMPTY AND NEED RESTORATION

The LORD is my shepherd; I shall not want. He makes me to lie down in green pastures; He leads me beside the still waters. He restores my soul.

PSALM 23:1–3

WHEN MOTHERHOOD HAS LEFT YOU DEPLETED AND DISCOURAGED

And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

GALATIANS 6:9

WHEN YOU NEED REST THAT ONLY GOD CAN GIVE

It is vain for you to rise up early, To sit up late, To eat the bread of sorrows; For so He gives His beloved sleep.

PSALM 127:2

WHEN YOU FEEL LIKE NO ONE NOTICES

Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

1 CORINTHIANS 15:58

WHEN YOU NEED STRENGTH THAT IS PERFECTLY SUITED FOR THIS SEASON

As your days, so shall your strength be.

DEUTERONOMY 33:25

WHEN YOU ARE SO DEPLETED THAT YOU CANNOT
EVEN PRAY AND NEED GOD TO TEND TO YOU

Then as he lay and slept under a broom tree, suddenly an angel touched him, and said to him, "Arise and eat." Then he looked, and there by his head was a cake baked on coals, and a jar of water. So he ate and drank, and lay down again. And the angel of the LORD came back the second time, and touched him, and said, "Arise and eat, because the journey is too great for you."

1 KINGS 19:5-7

WHEN YOU ARE TEMPTED TO GIVE UP

Do not throw away your confidence, which has great reward. For you have need of endurance, so that after you have done the will of God, you may receive the promise.

HEBREWS 10:35-36

WHEN YOUR STRENGTH IS GONE AND YOU NEED
GOD TO CARRY YOU

He shall feed His flock like a shepherd; He shall gather the lambs with His arm, And carry them in His bosom, And gently lead those who are with young.

ISAIAH 40:11

WHEN YOU WONDER IF GOD SEES HOW HARD YOU
ARE TRYING

For God is not unjust to forget your work and labor of love which you have shown toward His name, in that you have ministered to the saints, and do minister.

HEBREWS 6:10

WHEN YOUR FLESH AND YOUR HEART HAVE BOTH
GIVEN OUT

*My flesh and my heart fail; But God is the strength of
my heart And my portion forever.*

PSALM 73:26

WHEN YOU NEED GOD TO BREATHE FRESH
STRENGTH INTO YOU RIGHT NOW

*Have you not known? Have you not heard? The
everlasting God, the LORD, The Creator of the ends of the
earth, Neither faints nor is weary. His understanding is
unsearchable.*

ISAIAH 40:28

WHEN YOU NEED TO LAY DOWN YOUR WEARINESS
AND SIMPLY REST IN GOD

*Surely I have calmed and quieted my soul, Like a
weaned child with his mother; Like a weaned child is my
soul within me.*

PSALM 131:2

WHEN YOU NEED GOD TO WAKE YOU EACH
MORNING WITH FRESH STRENGTH FOR THE DAY

*The Lord GOD has given me The tongue of the learned,
That I should know how to speak A word in season to him
who is weary. He awakens me morning by morning, He
awakens my ear To hear as the learned.*

ISAIAH 50:4

A Prayer for the Exhausted Mother

Lord, I am tired. Bone-tired in a way that sleep alone cannot fix. I come to You today not with eloquent words but with an honest and weary heart, asking You to do what only You can do, restore me. Renew my strength. Breathe fresh life into me by Your Holy Spirit. Help me to lay down the weight of trying to do everything in my own strength and to take up the easy yoke You have promised. You see every sacrifice I have made. You see every sleepless night and every moment I have given beyond what I thought I had left to give. Let that not be in vain. Carry me today, Lord.

In Jesus' name, Amen.

Question to meditate on:

What would change in your home, your heart, and your motherhood if you stopped trying to do everything in your own strength and simply let God carry the weight He never asked you to carry alone?

COMFORT IN GRIEF & LOSS

WHEN YOU ARE OVERWHELMED WITH GRIEF AND
DO NOT KNOW WHERE TO TURN

*The LORD is near to those who have a broken heart,
And saves such as have a contrite spirit.*

Psalm 34:18

WHEN YOU NEED TO KNOW THAT GOD SEES YOUR
TEARS

*You number my wanderings; Put my tears into Your
bottle; Are they not in Your book?*

Psalm 56:8

WHEN SORROW FEELS LIKE IT WILL NEVER END

*For His anger is but for a moment, His favor is for life;
Weeping may endure for a night, But joy comes in the
morning.*

Psalm 30:5

WHEN THE WATERS OF GRIEF FEEL LIKE THEY ARE
OVERWHELMING YOU

*"When you pass through the waters, I will be with you;
And through the rivers, they shall not overflow you. When
you walk through the fire, you shall not be burned, Nor
shall the flame scorch you."*

ISAIAH 43:2

WHEN YOU HAVE LOST A CHILD OR LOVED ONE AND
NEED COMFORT

"Blessed are those who mourn, For they shall be comforted."

Matthew 5:4

WHEN GRIEF HAS LEFT YOU FEELING ALONE

He heals the brokenhearted and binds up their wounds.

Psalms 147:3

WHEN YOU NEED TO KNOW THAT GOD HIMSELF
MOURNS WITH YOU

Jesus wept.

John 11:35

WHEN YOU CRY OUT TO GOD IN YOUR PAIN AND
NEED TO KNOW HE HEARS YOU

The righteous cry out, and the LORD hears, And delivers them out of all their troubles.

PSALM 34:17

WHEN YOU NEED REASSURANCE THAT DEATH DOES
NOT HAVE THE FINAL WORD

"I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die."

John 11:25–26

WHEN THE WAVES OF GRIEF FEEL LIKE THEY ARE
SWALLOWING YOU WHOLE

*In God's mercy He has hidden me; For You, O LORD,
are my refuge and strength, A very present help in the
storm. For the LORD will comfort Zion, He will comfort all
her waste places; He will make her wilderness like Eden,
And her desert like the garden of the LORD; Joy and
gladness will be found in it, Thanksgiving and the voice of
melody.*

ISAIAH 51:3

WHEN YOU LONG FOR THE DAY WHEN ALL SORROW
WILL BE GONE

*"And God will wipe away every tear from their eyes;
there shall be no more death, nor sorrow, nor crying.
There shall be no more pain, for the former things have
passed away."*

Revelation 21:4

WHEN YOU NEED HOPE THAT YOUR PAIN HAS A
PURPOSE

*Blessed be the God and Father of our Lord Jesus Christ,
the Father of mercies and God of all comfort, who
comforts us in all our tribulation, that we may be able to
comfort those who are in any trouble, with the comfort
with which we ourselves are comforted by God.*

2 Corinthians 1:3–4

WHEN GRIEF HAS MADE YOU QUESTION GOD'S
GOODNESS

*Oh, taste and see that the LORD is good;
Blessed is the man who trusts in Him!*

Psalms 34:8

WHEN YOU NEED HOPE THAT YOUR GRIEF WILL ONE
DAY TURN TO JOY

Those who sow in tears Shall reap in joy. He who continually goes forth weeping, Bearing seed for sowing, Shall doubtless come again with rejoicing, Bringing his sheaves with him.

PSALM 126:5-6

"Most assuredly, I say to you, you will weep and lament, but the world will rejoice; and you will be sorrowful, but your sorrow will be turned into joy."

JOHN 16:20

WHEN YOU NEED TO KNOW THAT GOD WILL NOT LET
GRIEF HAVE THE FINAL WORD

He will swallow up death forever, And the Lord GOD will wipe away tears from all faces.

ISAIAH 25:8

WHEN YOU NEED STRENGTH TO KEEP STANDING IN
THE MIDDLE OF YOUR GRIEF

We are hard pressed on every side, yet not crushed; we are perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed.

2 CORINTHIANS 4:8-9

A Prayer for the Grieving Mother

God of all comfort, my heart is broken and I do not have the words to describe the depth of this pain. But You know. You see every tear I have cried, and You have promised that not one of them has gone unnoticed. Draw near to me in this grief. Be the balm that soothes what nothing else can touch. Remind me that weeping may endure for a night but joy does come in the morning, and give me the grace to hold on until that morning arrives. Hold me together when I feel like I am falling apart, and let Your presence be more real to me in this valley than it has ever been before.

In Jesus' name, Amen.

Question to meditate on:

If you could see what God is building in you through this grief; the depth, the compassion, the unshakeable faith... Would you be able to rest in the promise that every tear you have cried has been held in His hands and that beauty is already on its way?

COURAGE & STRENGTH

WHEN YOU FEEL TOO WEAK TO FACE WHAT IS AHEAD

"Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand."

ISAIAH 41:10

WHEN YOU NEED COURAGE TO KEEP GOING

"Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the LORD your God is with you wherever you go."

JOSHUA 1:9

WHEN YOU FEEL LIKE YOU ARE NOT STRONG
ENOUGH FOR THIS SEASON OF MOTHERHOOD

I can do all things through Christ who strengthens me.

PHILIPPIANS 4:13

WHEN FEAR IS LOUDER THAN YOUR FAITH

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

2 TIMOTHY 1:7

WHEN YOU NEED TO BE REMINDED WHERE YOUR
STRENGTH COMES FROM

*The LORD is my light and my salvation; Whom shall I
fear? The LORD is the strength of my life; Of whom shall
I be afraid?*

PSALM 27:1

WHEN THE BATTLES OF LIFE FEEL TOO GREAT TO
FIGHT

*"Do not be afraid nor dismayed because of this great
multitude, for the battle is not yours, but God's."*

2 CHRONICLES 20:15

WHEN YOU NEED GOD TO BE YOUR SHIELD

*But You, O LORD, are a shield for me, My glory and the
One who lifts up my head.*

PSALM 3:3

WHEN YOU NEED TO BE STRONG IN THE LORD AND
NOT IN YOUR OWN STRENGTH

*Finally, my brethren, be strong in the Lord and in the
power of His might.*

EPHESIANS 6:10

WHEN YOU FEEL SMALL AND INADEQUATE

*But God has chosen the foolish things of the world to
put to shame the wise, and God has chosen the weak
things of the world to put to shame the things which are
mighty.*

1 CORINTHIANS 1:27

WHEN YOU NEED GOD TO BE YOUR ROCK AND YOUR FOUNDATION

The LORD is my rock and my fortress and my deliverer; My God, my strength, in whom I will trust; My shield and the horn of my salvation, my stronghold.

PSALM 18:2

WHEN YOU NEED COURAGE TO STAND FIRM IN YOUR FAITH

Watch, stand fast in the faith, be brave, be strong.

1 CORINTHIANS 16:13

WHEN YOU ARE FACING SOMETHING THAT TERRIFIES YOU

"Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; He will never leave you nor forsake you."

DEUTERONOMY 31:6

WHEN YOU NEED TO BE REMINDED THAT GOD'S SPIRIT IS YOUR POWER SOURCE

"Not by might nor by power, but by My Spirit," Says the LORD of hosts.

ZECHARIAH 4:6

WHEN YOU NEED TO KNOW THAT GOD'S POWER IS WORKING MIGHTILY IN YOU EVEN WHEN YOU FEEL ANYTHING BUT MIGHTY

Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen.

EPHESIANS 3:20-21

WHEN YOU NEED TO BE REMINDED THAT GOD IS ON YOUR SIDE AND YOU DO NOT HAVE TO BE AFRAID

The LORD is on my side; I will not fear. What can man do to me?

PSALM 118:6

WHEN YOU NEED COURAGE AND YOUR HEART FEELS ANYTHING BUT STRONG

Be of good courage, And He shall strengthen your heart, All you who hope in the LORD.

PSALM 31:24

WHEN YOU NEED GOD TO SPEAK DIRECTLY TO YOUR FEAR AND CALL FORTH YOUR STRENGTH

"O man greatly beloved, fear not! Peace be to you; be strong, yes, be strong!"

DANIEL 10:19

A Prayer for the Mother Who Needs Courage

Lord, I need Your courage today because my own has run dry. The road ahead of me feels too long, the battle too great, and my strength too small. But Your Word says that You have not given me a spirit of fear so I reject fear right now in Your name and I ask You to fill that space with Your power, Your love, and a sound mind. Be my shield. Be my strength. Go before me into every situation I am facing today and remind me that the battle belongs to You. I cannot do this in my own might, but I can do all things through Christ who strengthens me. I choose to stand on that truth today.

In Jesus' name, Amen.

Question to meditate on:

Even in your darkest season, can you name one thing, however small, that reminds you that God has not gone silent, and what would happen if you held on to that one thing until the morning comes?

DEPRESSION & DISCOURAGEMENT

WHEN YOUR HEART IS OVERWHELMED AND YOU
NEED GOD TO LEAD YOU TO HIGHER GROUND

From the end of the earth I will cry to You, When my heart is overwhelmed; Lead me to the rock that is higher than I.

PSALM 61:2

WHEN YOU FEEL LIKE YOU ARE SINKING AND THERE
IS NO WAY OUT

I waited patiently for the LORD; And He inclined to me, And heard my cry. He also brought me up out of a horrible pit, Out of the miry clay, And set my feet upon a rock, And established my steps.

PSALM 40:1–2

WHEN YOU HAVE FALLEN AND NEED TO KNOW THAT
GOD WILL HELP YOU RISE AGAIN

Do not rejoice over me, my enemy; When I fall, I will arise; When I sit in darkness, The LORD will be a light to me.

MICAH 7:8

WHEN YOU FEEL UTTERLY HOPELESS

Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance.

PSALM 42:5

WHEN YOU NEED SOMETHING STEADY TO HOLD ON TO IN THE DARKNESS

The LORD is good to those who wait for Him, To the soul who seeks Him.

LAMENTATIONS 3:25

WHEN YOU NEED TO KNOW THAT GOD SPECIFICALLY COMFORTS THOSE WHO ARE BROUGHT LOW

Nevertheless God, who comforts the downcast, comforted us.

2 CORINTHIANS 7:6

WHEN THE JOY OF MOTHERHOOD FEELS FAR FROM YOU

Restore to me the joy of Your salvation, And uphold me by Your generous Spirit.

PSALM 51:12

WHEN YOU NEED PROOF THAT GOD HAS NOT FORGOTTEN YOU

"Can a woman forget her nursing child, And not have compassion on the son of her womb? Surely they may forget, Yet I will not forget you. See, I have inscribed you on the palms of My hands."

ISAIAH 49:15-16

WHEN YOUR MIND IS FILLED WITH HEAVINESS AND
DESPAIR

*To console those who mourn in Zion, To give them
beauty for ashes, The oil of joy for mourning, The
garment of praise for the spirit of heaviness.*

ISAIAH 61:3

WHEN YOU FEEL COMPLETELY ALONE IN YOUR
STRUGGLE

"I will never leave you nor forsake you."

HEBREWS 13:5

WHEN YOU NEED HOPE TO ANCHOR YOUR SOUL IN
THIS DARK SEASON

*For You are my hope, O Lord GOD; You are my trust
from my youth.*

PSALM 71:5

WHEN YOU NEED GOD HIMSELF TO SPEAK COMFORT
OVER YOU

*"I, even I, am He who comforts you. Who are you that
you should be afraid?"*

ISAIAH 51:12

WHEN YOU NEED TO CHOOSE JOY EVEN WHEN YOUR
FEELINGS SAY OTHERWISE

*Yet I will rejoice in the LORD, I will joy in the God of my
salvation. The LORD God is my strength; He will make my
feet like deer's feet, And He will make me walk on my high
hills.*

HABAKKUK 3:18-19

A Prayer for the Discouraged Mother

Father, the darkness feels heavy today and I am struggling to find my way through it. I confess that discouragement has taken more ground in my heart than I have wanted to admit. But I refuse to stay here. I lift my eyes to You right now and I ask You to reach into this pit and lift me out of it the way only You can. Restore the joy of Your salvation in me. Remind me of who I am in You and what You have promised over my life. Let Your light break through the heaviness that has settled over my soul, and give me the strength to praise You even in this dark place until the dawn comes.

In Jesus' name, Amen.

Question to meditate on:

Even in your darkest season, can you name one thing, however small, that reminds you that God has not gone silent, and what would happen if you held on to that one thing until the morning comes?

FAITH & TRUST IN GOD

WHEN YOU NEED TO DECLARE YOUR TRUST IN GOD
OUT LOUD

But as for me, I trust in You, O LORD; I say, "You are my God." My times are in Your hand.

PSALM 31:14–15

WHEN YOUR FAITH FEELS SMALL AND INADEQUATE

"So Jesus said to them, 'Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, Move from here to there, and it will move; and nothing will be impossible for you.' "

MATTHEW 17:20

WHEN YOU CANNOT SEE WHAT GOD IS DOING

For we walk by faith, not by sight.

2 CORINTHIANS 5:7

WHEN YOU NEED REASSURANCE THAT EVERY
PROMISE GOD HAS MADE WILL COME TO PASS

For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us.

2 CORINTHIANS 1:20

WHEN DOUBT HAS CREPT INTO YOUR HEART

But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.

HEBREWS 11:6

WHEN YOU NEED TO BE REMINDED WHAT FAITH REALLY IS

Now faith is the substance of things hoped for, the evidence of things not seen.

HEBREWS 11:1

WHEN YOU ARE WAITING ON GOD AND GROWING IMPATIENT

Wait on the LORD; Be of good courage, And He shall strengthen your heart; Wait, I say, on the LORD!

PSALM 27:14

WHEN YOU NEED TO DELIGHT IN GOD AND TRUST HIM WITH YOUR DESIRES

Delight yourself also in the LORD, And He shall give you the desires of your heart.

PSALM 37:4

WHEN YOU NEED COURAGE TO KEEP BELIEVING

So then faith comes by hearing, and hearing by the word of God.

ROMANS 10:17

WHEN YOU NEED TO BRING YOUR REQUESTS TO GOD
WITH CONFIDENCE

*"If you abide in Me, and My words abide in you, you
will ask what you desire, and it shall be done for you."*

JOHN 15:7

WHEN YOU NEED TO LET GO AND FULLY SURRENDER
TO GOD

*Commit your way to the LORD, Trust also in Him, And
He shall bring it to pass.*

PSALM 37:5

WHEN YOUR FAITH IS BEING TESTED AND YOU ARE
STRUGGLING TO HOLD ON

*My brethren, count it all joy when you fall into various
trials, knowing that the testing of your faith produces
patience. But let patience have its perfect work, that you
may be perfect and complete, lacking nothing.*

JAMES 1:2-4

WHEN YOU NEED TO BE REMINDED THAT GOD IS
FAITHFUL

He who calls you is faithful, who also will do it.

1 THESSALONIANS 5:24

A Prayer for the Mother Whose Faith Is Being Stretched

Lord, I want to trust You completely but I confess that my faith has been shaken. I cannot always see what You are doing or understand why You are allowing what I am walking through. But I choose today to walk by faith and not by sight. I choose to believe that You are good even when my circumstances do not feel good. Strengthen my faith. Feed it through Your Word. Help me to hold fast to Your promises even when the evidence around me seems to contradict them. You have never failed me and You never will. I trust You, Lord. Help me in the moments when that trust wavers, and remind me of your faithfulness.

In Jesus' name, Amen.

Question to meditate on:

Is there an area of your life where you have been trying to see before you believe, and what would it look like to believe first and trust God to show you the way as you walk?

FEAR FOR YOUR CHILDREN'S SAFETY

WHEN YOU ARE AFRAID FOR YOUR CHILD'S SAFETY
AND CANNOT STOP WORRYING

*The angel of the LORD encamps all around those who
fear Him, And delivers them.*

PSALM 34:7

WHEN YOUR CHILD NEEDS THE COVERING AND
PROTECTION OF GOD

*He shall cover you with His feathers, And under His
wings you shall take refuge; His truth shall be your shield
and buckler.*

PSALM 91:4

WHEN FEAR FOR YOUR CHILD OVERWHELMS YOU IN
THE NIGHT

*I will both lie down in peace, and sleep; For You alone,
O LORD, make me dwell in safety.*

PSALM 4:8

WHEN YOU ARE SENDING YOUR CHILD INTO A
DANGEROUS WORLD

*"No weapon formed against you shall prosper, And
every tongue which rises against you in judgment You
shall condemn. This is the heritage of the servants of the
LORD."*

ISAIAH 54:17

WHEN YOU NEED TO KNOW THAT GOD WILL KEEP
YOUR CHILD WHEREVER THEY GO

*"Behold, I am with you and will keep you wherever
you go, and will bring you back to this land; for I will not
leave you until I have done what I have spoken to you."*

GENESIS 28:15

WHEN YOU NEED A SCRIPTURE TO PRAY OVER YOUR
CHILD EACH DAY

*"The LORD bless you and keep you; The LORD make
His face shine upon you, And be gracious to you; The
LORD lift up His countenance upon you, And give you
peace."*

NUMBERS 6:24-26

WHEN YOUR CHILD IS FACING DANGER AND YOU FEEL
POWERLESS

*But the Lord is faithful, who will establish you and
guard you from the evil one.*

2 THESSALONIANS 3:3

WHEN YOU NEED YOUR CHILD TO RUN TO GOD AS
THEIR SAFE PLACE

*The name of the LORD is a strong tower; The righteous
run to it and are safe.*

PROVERBS 18:10

WHEN FEAR FOR YOUR CHILD'S SAFETY HAS GRIPPED
YOUR HEART

*He will not be afraid of evil tidings; His heart is
steadfast, trusting in the LORD.*

PSALM 112:7

WHEN YOU NEED TO KNOW THAT GOD GOES WITH
YOUR CHILD

"My Presence will go with you, and I will give you rest."
EXODUS 33:14

WHEN YOU FEAR WHAT YOUR CHILD MAY
ENCOUNTER AT SCHOOL OR IN THE WORLD

*"I will contend with him who contends with you, And I
will save your children."*
ISAIAH 49:25

WHEN YOU NEED TO KNOW THAT GOD WILL
PERSONALLY ANSWER WHEN YOUR CHILD CALLS ON HIM

*"Because he has set his love upon Me, therefore I will
deliver him; I will set him on high, because he has known
My name. He shall call upon Me, and I will answer him; I
will be with him in trouble; I will deliver him and honor
him. With long life I will satisfy him, And show him My
salvation."*
PSALM 91:14–16

WHEN YOU NEED REASSURANCE THAT YOUR
CHILDREN ARE SAFE IN GOD'S CARE

*In the fear of the LORD there is strong confidence, And
His children will have a place of refuge.*
PROVERBS 14:26

A Prayer for the Mother Who Fears for Her Child

Heavenly Father, I release my children into Your hands right now. I acknowledge that as much as I love them, You love them infinitely more and Your ability to protect them far exceeds my own. Forgive me for the moments when fear has caused me to hold on too tightly to what I should be placing in Your care. Station Your angels around my children today. Guard their steps, their minds, and their hearts. Let no weapon formed against them prosper. And give me the peace that comes from knowing that my children are not just in my care, they're also in Yours.

In Jesus' name, Amen.

Question to meditate on:

What would it feel like to fully release your child into the hands of the God who loved them enough to die for them, and what would you do with the peace that followed?

FORGIVENESS (GIVING & RECEIVING)

WHEN YOU ARE STRUGGLING TO FORGIVE SOMEONE
WHO HAS HURT YOU OR YOUR CHILD

"For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses."

MATTHEW 6:14-15

WHEN YOU FEEL LIKE WHAT WAS DONE TO YOU IS
TOO GREAT TO FORGIVE

And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

EPHESIANS 4:32

WHEN GUILT AND SHAME WILL NOT LET YOU GO

As far as the east is from the west, So far has He removed our transgressions from us.

PSALM 103:12

WHEN YOU NEED TO WALK IN THE FREEDOM THAT
FORGIVENESS BRINGS

"Therefore if the Son makes you free, you shall be free indeed."

JOHN 8:36

WHEN BITTERNESS HAS TAKEN ROOT IN YOUR HEART

Looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled.

HEBREWS 12:15

WHEN YOU NEED TO FORGIVE YOURSELF FOR YOUR FAILURES AS A MOTHER

There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit.

ROMANS 8:1

WHEN YOU NEED REASSURANCE THAT GOD HAS TRULY FORGIVEN YOU

"I, even I, am He who blots out your transgressions for My own sake; And I will not remember your sins."

ISAIAH 43:25

WHEN YOU HAVE ASKED FOR FORGIVENESS AND STILL CANNOT FEEL FREE

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 JOHN 1:9

WHEN YOU NEED TO KNOW THAT GOD SEES YOUR PAIN AND STILL CALLS YOU TO FORGIVE

"But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you."

MATTHEW 5:44

WHEN YOU ARE STRUGGLING TO FORGIVE SOMEONE AGAIN AND AGAIN

Then Peter came to Him and said, "Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?" Jesus said to him, "I do not say to you, up to seven times, but up to seventy times seven."

MATTHEW 18:21-22

WHEN UNFORGIVENESS IS ROBBING YOU OF YOUR PEACE

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses."

MARK 11:25

WHEN YOU NEED THE STRENGTH TO FORGIVE WHAT FEELS UNFORGIVABLE

Now may the God of patience and comfort grant you to be like-minded toward one another, according to Christ Jesus.

ROMANS 15:5

WHEN YOU ARE STRUGGLING TO RELEASE SOMEONE WHO HAS HURT YOU

Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, "Vengeance is Mine, I will repay," says the Lord.

ROMANS 12:19

WHEN YOU NEED GOD'S LOVE TO FLOW THROUGH
YOU SO THAT YOU CAN FORGIVE

Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

ROMANS 5:5

WHEN YOU NEED TO KNOW THAT GOD IS RICH IN
MERCY AND READY TO FORGIVE

For You, Lord, are good, and ready to forgive, And abundant in mercy to all those who call upon You.

PSALM 86:5

WHEN YOU NEED TO KNOW THAT GOD DELIGHTS IN
SHOWING MERCY TO THOSE WHO COME TO HIM

Who is a God like You, pardoning iniquity And passing over the transgression of the remnant of His heritage? He does not retain His anger forever, Because He delights in mercy.

MICAH 7:18

WHEN YOU NEED TO KNOW THAT FORGIVENESS IN
CHRIST IS COMPLETE AND TOTAL

In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.

EPHESIANS 1:7

A Prayer for the Mother Learning to Forgive

Father, forgiveness does not come easily to me in this situation, and I need Your help. The wound is real and the pain has been deep. But I do not want bitterness to take root in my heart and steal the peace You have promised me. So I choose, by an act of my will, to forgive. I release this person and this offense into Your hands. I also ask You today to help me fully receive the forgiveness You have already extended to me, for my own failures, my own mistakes, and my own shortcomings as a mother. Wash me clean. Set me free. Let me walk in the liberty that only true forgiveness can bring. I submit to your will.

In Jesus' name, Amen.

Question to meditate on:

Is there someone you have been withholding forgiveness from whose name God just brought to your mind, and are you willing to let His grace be the bridge between the wound and the healing?

GOD'S GUIDANCE IN PARENTING

WHEN YOU DO NOT KNOW WHAT TO DO OR HOW TO
LEAD YOUR CHILD

If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.

JAMES 1:5

WHEN YOU NEED GOD TO SHOW YOU THE RIGHT
PATH FOR YOUR CHILD

Show me Your ways, O LORD; Teach me Your paths. Lead me in Your truth and teach me, For You are the God of my salvation; On You I wait all the day.

PSALM 25:4-5

WHEN YOU ARE UNSURE HOW TO DISCIPLINE WITH
LOVE AND WISDOM

And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.

EPHESIANS 6:4

WHEN YOU NEED A FATHER WHO WILL TEACH YOU
HOW TO RAISE YOUR CHILDREN

"I am the LORD your God, Who teaches you to profit, Who leads you by the way you should go."

ISAIAH 48:17

WHEN YOU FEEL LOST AND OVERWHELMED BY THE
RESPONSIBILITY OF MOTHERHOOD

*I will instruct you and teach you in the way you should
go; I will guide you with My eye.*

PSALM 32:8

WHEN YOU NEED TO KNOW WHAT GOD SAYS ABOUT
TEACHING YOUR CHILDREN HIS WORD

*"You shall teach them diligently to your children, and
shall talk of them when you sit in your house, when you
walk by the way, when you lie down, and when you rise
up."*

DEUTERONOMY 6:7

WHEN YOU NEED TO BE REMINDED THAT FAITH IS
YOUR GREATEST INHERITANCE TO PASS ON

*When I call to remembrance the genuine faith that is
in you, which dwelt first in your grandmother Lois and
your mother Eunice, and I am persuaded is in you also.*

2 TIMOTHY 1:5

WHEN YOU ARE PRAYING FOR GOD TO LEAD YOUR
FAMILY

"As for me and my house, we will serve the LORD."

JOSHUA 24:15

WHEN YOU NEED TO BE REMINDED THAT GOD IS THE
PERFECT PARENT AND YOUR GUIDE

*For this is God, Our God forever and ever; He will be
our guide Even to death.*

PSALM 48:14

WHEN YOU NEED GOD TO GUIDE YOUR FAMILY INTO
EVERYTHING HE HAS FOR YOU

The LORD will guide you continually, And satisfy your soul in drought, And strengthen your bones; You shall be like a watered garden, And like a spring of water, whose waters do not fail.

ISAIAH 58:11

WHEN YOU NEED TO KNOW THAT YOUR
FAITHFULNESS AS A MOTHER WILL BLESS YOUR
CHILDREN

The righteous man walks in his integrity; His children are blessed after him.

PROVERBS 20:7

WHEN YOU NEED TO POINT YOUR CHILD TOWARD
GOD AND DO NOT KNOW WHERE TO BEGIN

"But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

MATTHEW 6:33

WHEN YOU FEEL LIKE YOU ARE FAILING AND NEED
GOD TO REDEEM YOUR MISTAKES

And we know that all things work together for good to those who love God, to those who are called according to His purpose.

ROMANS 8:28

A Prayer for the Mother Seeking God's Direction

Lord, I do not always know what I am doing as a mother and I need Your wisdom more than I need anything else. Guide my words before I speak them. Guide my decisions before I make them. Show me how to lead my children toward You in the everyday moments of our lives. Help me to be the mother You created me to be. Not a perfect mother, but a mother who has surrendered to You and is willing to follow Your lead. Order my steps. Correct my course when I wander. And give me the confidence of knowing that when I lack wisdom, I only need to ask You and You will give it to me generously, and at no cost.

In Jesus' name, Amen.

Question to meditate on:

If you genuinely believed that the same God who breathed the stars into existence was personally guiding your parenting decisions, how differently would you approach the hardest decisions you are facing right now?

GOD'S LOVE FOR YOU

WHEN YOU NEED TO KNOW THE DEPTH OF GOD'S LOVE FOR YOU AND YOUR CHILDREN

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life."

JOHN 3:16

WHEN YOU FEEL UNWORTHY OF GOD'S LOVE

But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

ROMANS 5:8

WHEN YOU FEEL INVISIBLE AND OVERLOOKED

"Are not five sparrows sold for two copper coins? And not one of them is forgotten before God. But the very hairs of your head are all numbered. Do not fear therefore; you are of more value than many sparrows."

LUKE 12:6-7

WHEN YOU NEED TO EXPERIENCE GOD'S LOVE IN A TANGIBLE WAY

Now may the Lord direct your hearts into the love of God and into the patience of Christ.

2 THESSALONIANS 3:5

WHEN YOU NEED REASSURANCE THAT NOTHING YOU
DO CAN MAKE GOD STOP LOVING YOU

Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? Yet in all these things we are more than conquerors through Him who loved us.

ROMANS 8:35, 37

WHEN YOU FEEL LIKE YOU HAVE TO EARN GOD'S
LOVE

The LORD has appeared of old to me, saying: "Yes, I have loved you with an everlasting love; Therefore with lovingkindness I have drawn you."

JEREMIAH 31:3

WHEN YOU NEED TO HEAR THAT GOD DELIGHTS IN
YOU

"The LORD your God in your midst, The Mighty One, will save; He will rejoice over you with gladness, He will quiet you with His love, He will rejoice over you with singing."

ZEPHANIAH 3:17

WHEN YOU FEEL TOO BROKEN OR TOO SINFUL TO BE
LOVED BY GOD

But You, O Lord, are a God full of compassion, and gracious, Longsuffering and abundant in mercy and truth.

PSALM 86:15

WHEN YOU NEED TO KNOW HOW WIDE AND DEEP
GOD'S LOVE FOR YOU TRULY IS

For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.

ROMANS 8:38–39

WHEN YOU STRUGGLE TO RECEIVE GOD'S LOVE

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!

1 JOHN 3:1

WHEN YOU NEED TO KNOW THAT GOD THINKS
ABOUT YOU

How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand.

PSALM 139:17–18

WHEN YOU NEED TO REST IN THE KNOWLEDGE THAT
YOU ARE FULLY KNOWN AND FULLY LOVED

O LORD, You have searched me and known me. You know my sitting down and my rising up; You understand my thought afar off.

PSALM 139:1–2

WHEN YOU NEED TO KNOW THAT GOD HELD
NOTHING BACK IN EXPRESSING HIS LOVE FOR YOU

*He who did not spare His own Son, but delivered Him
up for us all, how shall He not with Him also freely give us
all things?*

ROMANS 8:32

WHEN YOU NEED TO KNOW HOW VAST AND
IMMEASURABLE GOD'S LOVE FOR YOU TRULY IS

*How precious is Your lovingkindness, O God!
Therefore the children of men put their trust under the
shadow of Your wings.*

PSALM 36:7

WHEN YOU NEED TO KNOW THAT GOD'S LOVE FOR
YOU IS GREATER THAN YOUR MIND CAN CONTAIN

*That you, being rooted and grounded in love, may be
able to comprehend with all the saints what is the width
and length and depth and height, to know the love of
Christ which passes knowledge; that you may be filled
with all the fullness of God.*

EPHESIANS 3:17-19

WHEN YOU NEED TO KNOW THAT GOD'S LOVE FOR
YOU HAS ALWAYS BEEN AND ALWAYS WILL BE

*The mercy of the LORD is from everlasting to
everlasting On those who fear Him, And His
righteousness to children's children.*

PSALM 103:17

A Prayer for the Mother Who Needs to Feel God's Love

Father, I confess that there are days when I struggle to truly feel Your love for me. The busyness of motherhood, the weight of my own failures, and the voice of the enemy have all conspired to make Your love seem distant or conditional. So I ask You today to make Your love real and tangible to me. Let it break through every wall I have built and every lie I have believed. Remind me that nothing I have done or failed to do can separate me from Your love. Help me to receive it fully so that it might overflow from me into the lives of my children and everyone around me. You love me with an everlasting love, Lord, and today I choose to believe it as you never lie. Your word is true.

In Jesus' name, Amen.

Question to meditate on:

When was the last time you sat quietly and simply received God's love, not asked for anything, not confessed anything, not performed anything, just let Him love you, and what is stopping you from doing that today?

GRACE FOR YOUR FAILURES & MISTAKES

WHEN YOU NEED TO KNOW THAT GOD HIMSELF HAS
JUSTIFIED YOU

Who shall bring a charge against God's elect? It is God who justifies. Who is he who condemns? It is Christ who died, and furthermore is also risen, who is even at the right hand of God, who also makes intercession for us.

ROMANS 8:33–34

WHEN YOU NEED TO CONFESS YOUR FAILURES TO
GOD AND RECEIVE HIS FORGIVENESS

I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the LORD," And You forgave the iniquity of my sin.

PSALM 32:5

WHEN YOU ARE BEING TOO HARD ON YOURSELF

For He knows our frame; He remembers that we are dust.

PSALM 103:14

WHEN YOU NEED TO KNOW THAT REPENTANCE
BRINGS REFRESHING, NOT CONDEMNATION

Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord.

ACTS 3:19

WHEN YOU NEED TO KNOW THAT GOD'S GRACE IS
GREATER THAN YOUR WORST DAY

"My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

2 CORINTHIANS 12:9

WHEN YOU FEEL LIKE YOUR FAILURES HAVE
DISQUALIFIED YOU FROM GOD'S PLANS

For a righteous man may fall seven times And rise again.

PROVERBS 24:16

WHEN YOU NEED TO KNOW THAT GOD'S MERCIES
ARE NEW EVERY SINGLE DAY

*Through the LORD's mercies we are not consumed,
Because His compassions fail not. They are new every morning; Great is Your faithfulness.*

LAMENTATIONS 3:22-23

WHEN YOU NEED TO KNOW THAT GOD CAN MAKE
YOU COMPLETELY CLEAN AND NEW

"Come now, and let us reason together," says the LORD, "Though your sins are like scarlet, They shall be as white as snow; Though they are red like crimson, They shall be as wool."

ISAIAH 1:18

WHEN YOU NEED TO HUMBLE YOURSELF AND LET
GOD LIFT YOU BACK UP

*Therefore humble yourselves under the mighty hand
of God, that He may exalt you in due time.*

1 PETER 5:6

WHEN YOU ARE AFRAID YOUR MISTAKES HAVE
PERMANENTLY DAMAGED YOUR CHILD

*"So I will restore to you the years that the swarming
locust has eaten."*

JOEL 2:25

WHEN YOU NEED TO KNOW THAT GOD DOES NOT
KEEP A RECORD OF YOUR SINS

*If You, LORD, should mark iniquities, O Lord, who
could stand? But there is forgiveness with You, That You
may be feared.*

PSALM 130:3-4

WHEN YOU NEED TO BE REMINDED THAT GOD IS NOT
FINISHED WITH YOU YET

*Being confident of this very thing, that He who has
begun a good work in you will complete it until the day of
Jesus Christ.*

PHILIPPIANS 1:6

WHEN YOU NEED TO KNOW THAT GRACE IS NOT JUST
FOR OTHERS BUT IT IS FOR YOU TOO

*Let us therefore come boldly to the throne of grace,
that we may obtain mercy and find grace to help in time
of need.*

HEBREWS 4:16

A Prayer for the Mother Who Needs Grace

Lord, I have not been the mother I wanted to be today, or perhaps for many days. I have lost my patience, spoken words I regret, and fallen short of the standard I set for myself. And the weight of that failure is heavy. But Your Word tells me that Your mercies are new every single morning and that there is no condemnation for those who are in Christ Jesus. I receive that grace right now. I let go of the guilt and the shame. I will not allow the enemy to use my mistakes to define me or to convince me that I am disqualified from Your plans. You are not finished with me yet. Pick me up, dust me off, and help me to begin again.

In Jesus' name, Amen.

Question to meditate on:

What would your motherhood look like if you extended to yourself the same grace you would offer a dear friend who came to you broken, ashamed, and afraid she had failed her children?

GRIEF OVER A PRODIGAL CHILD

WHEN YOUR CHILD HAS WALKED AWAY FROM GOD
AND YOUR HEART IS BROKEN

"For this my son was dead and is alive again; he was lost and is found."

LUKE 15:24

WHEN YOU ARE LOSING HOPE THAT YOUR CHILD
WILL EVER RETURN

"Call to Me, and I will answer you, and show you great and mighty things, which you do not know."

JEREMIAH 33:3

WHEN YOU ARE TEMPTED TO STOP PRAYING AND
GIVE UP ON YOUR PRODIGAL CHILD

Then He spoke a parable to them, that men always ought to pray and not lose heart.

LUKE 18:1

WHEN YOU NEED TO KNOW THAT GOD IS NEAR TO
YOUR PRODIGAL CHILD

The LORD is near to all who call upon Him, To all who call upon Him in truth.

PSALM 145:18

WHEN YOU NEED TO KEEP PRAYING AND NOT LOSE
HEART

*Rejoicing in hope, patient in tribulation, continuing
steadfastly in prayer.*

ROMANS 12:12

WHEN YOUR CHILD IS LIVING IN A WAY THAT BREAKS
YOUR HEART

*The LORD is not slack concerning His promise, as some
count slackness, but is longsuffering toward us, not
willing that any should perish but that all should come to
repentance.*

2 PETER 3:9

WHEN YOU NEED TO KNOW THAT GOD IS ACTIVELY
SEEKING YOUR LOST CHILD

*"I will seek what was lost and bring back what was
driven away, bind up the broken and strengthen what
was sick."*

EZEKIEL 34:16

WHEN YOU ARE EXHAUSTED FROM WAITING AND
NEED SOMETHING TO ANCHOR YOUR HOPE

*I wait for the LORD, my soul waits, And in His word I
do hope.*

PSALM 130:5

WHEN YOU WONDER IF GOD IS PURSUING YOUR CHILD

"What man of you, having a hundred sheep, if he loses one of them, does not leave the ninety-nine in the wilderness, and go after the one which is lost until he finds it?"

LUKE 15:4

WHEN YOU NEED A PROMISE THAT GOD'S CALL ON YOUR CHILD'S LIFE WILL NOT BE REVOKED

"For the promise is to you and to your children, and to all who are afar off, as many as the Lord our God will call."

ACTS 2:39

WHEN YOU NEED STRENGTH TO KEEP LOVING YOUR CHILD THROUGH THE PAIN

And now abide faith, hope, love, these three; but the greatest of these is love.

1 CORINTHIANS 13:13

WHEN YOU NEED TO KNOW THAT GOD WILL COMPLETE WHAT HE BEGAN IN YOUR CHILD

The LORD will perfect that which concerns me; Your mercy, O LORD, endures forever; Do not forsake the works of Your hands.

PSALM 138:8

A Prayer for the Mother of a Prodigal Child

Father, my heart breaks for my child who has walked away from You and from everything I raised them to know. I will not pretend that the pain of this is anything less than what it is. It is one of the deepest griefs I have ever known. But I bring it to You today and I lay it at Your feet. I thank You that You are the God who leaves the ninety-nine to go after the one who is lost. Go after my child, Lord. Pursue them with Your relentless love. Break through every wall they have built and every lie they have believed. And while I wait, hold my heart together. Give me the faith to keep praying and the strength to keep believing that my child is coming home soon.

In Jesus' name, Amen.

Question to meditate on:

Can you look back at your own journey and find a moment when God pursued you even when you were running from Him, and does that change the way you pray for the child who is running now?

HEALING & HEALTH

WHEN YOU OR YOUR CHILD ARE SICK AND YOU NEED
GOD TO HEAL

*"For I will restore health to you And heal you of your
wounds," says the LORD.*

JEREMIAH 30:17

WHEN YOU NEED A PROMISE TO STAND ON FOR
PHYSICAL HEALING

*He sent His word and healed them, And delivered
them from their destructions.*

PSALM 107:20

WHEN YOUR MIND AND EMOTIONS NEED GOD'S
RESTORATIVE TOUCH

*He restores my soul; He leads me in the paths of
righteousness For His name's sake.*

PSALM 23:3

WHEN YOU NEED TO KNOW THAT JESUS WILL NOT
LEAVE YOU ALONE IN THAT HOSPITAL ROOM

"I will not leave you orphans; I will come to you."

JOHN 14:18

WHEN YOU ARE SITTING BESIDE A SICK CHILD AND
FEAR IS CLOSING IN

Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up.

JAMES 5:14-15

WHEN YOU NEED TO BE REMINDED THAT JESUS IS
STILL THE HEALER

Jesus Christ is the same yesterday, today, and forever.

HEBREWS 13:8

WHEN YOU NEED TO PRAY A SPECIFIC PROMISE OF
HEALING OVER YOUR BODY

"Heal me, O LORD, and I shall be healed; Save me, and I shall be saved, For You are my praise."

JEREMIAH 17:14

WHEN YOU NEED TO PRAY SCRIPTURE OVER YOUR
CHILD'S BODY

Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

ISAIAH 53:4-5

WHEN YOUR CHILD IS ILL AND YOU NEED TO KNOW
GOD SEES THEM IN THEIR WEAKNESS

The LORD will strengthen him on his bed of illness; You will sustain him on his sickbed.

PSALM 41:3

WHEN YOU NEED TO KNOW THAT GOD CARES ABOUT
YOUR PHYSICAL BODY

Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?

1 CORINTHIANS 6:19

WHEN YOU ARE PRAYING FOR COMPLETE
RESTORATION OF HEALTH

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

3 JOHN 1:2

WHEN YOU NEED TO DECLARE THE NAME OF THE
GOD WHO HEALS

"For I am the LORD who heals you."

EXODUS 15:26

WHEN YOU NEED TO BE REMINDED THAT JESUS STILL
HEALS TODAY

How God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him.

ACTS 10:38

WHEN YOU NEED TO DECLARE GOD'S HEALING
POWER OVER YOUR LIFE

*I shall not die, but live, And declare the works of the
LORD.*

PSALM 118:17

WHEN YOU NEED TO KNOW THAT GOD PROMISES TO
HEAL AND TO RESTORE

*"Behold, I will bring it health and healing; I will heal
them and reveal to them the abundance of peace and
truth."*

JEREMIAH 33:6

WHEN YOU NEED TO DECLARE THAT A JOYFUL HEART
IS PART OF GOD'S DESIGN FOR YOUR HEALING

*A merry heart does good, like medicine, But a broken
spirit dries the bones.*

PROVERBS 17:22

WHEN YOU NEED TO KNOW THAT JESUS CAME TO
SET THE CAPTIVES FREE AND TO HEAL

*"The Spirit of the LORD is upon Me, because He has
anointed Me to preach the gospel to the poor; He has
sent Me to heal the brokenhearted, to proclaim liberty to
the captives and recovery of sight to the blind, to set at
liberty those who are oppressed."*

LUKE 4:18

A Prayer for the Mother Trusting God for Healing

My Lord the God who heals, I come before You today and I ask You to stretch out Your hand and heal. You are the same God who healed throughout the pages of Scripture and Your power has not diminished. I stand on Your Word which declares that by the stripes of Jesus we are healed, and I bring that promise before You now. Heal my body. Heal my child. Heal whatever has been broken physically, emotionally, or spiritually in my home. And while I wait on You, guard my heart against fear and fill me with the peace that only You can give. I trust You, Lord, You are my healer.

In Jesus' name, Amen.

Question to meditate on:

If Jesus stood in your room right now and asked you the same question He asked the man at the pool of Bethesda, "Do you want to be made well?", what would your honest answer reveal about what you truly believe?

HOPE FOR THE FUTURE

WHEN YOU CANNOT SEE A WAY FORWARD AND
NEED GOD TO GIVE YOU HOPE

*"For I know the plans I have for you," says the LORD,
"plans for peace and not of evil, to give you a future and
a hope."*

JEREMIAH 29:11

WHEN THE FUTURE LOOKS DARK AND UNCERTAIN

Your word is a lamp to my feet And a light to my path.

PSALM 119:105

WHEN YOU NEED TO BE REMINDED THAT GOD IS
ALREADY IN YOUR TOMORROW

*"I am the Alpha and the Omega, the Beginning and
the End," says the Lord, "who is and who was and who is
to come, the Almighty."*

REVELATION 1:8

WHEN YOU NEED TO DECLARE HOPE OUT LOUD OVER
YOUR LIFE AND FAMILY

*For the LORD God is a sun and shield; The LORD will
give grace and glory; No good thing will He withhold
From those who walk uprightly.*

PSALM 84:11

WHEN HOPE HAS BEEN DEFERRED AND YOUR HEART
IS SICK WITH WAITING

*Hope deferred makes the heart sick, But when the
desire comes, it is a tree of life.*

PROVERBS 13:12

WHEN YOU NEED TO KNOW THAT GOD'S CALLING ON
YOUR LIFE WILL NEVER BE TAKEN AWAY

For the gifts and the calling of God are irrevocable.

ROMANS 11:29

WHEN EVERYTHING AROUND YOU IS SHAKING AND
YOU NEED SOMETHING TO HOLD ON TO

*Therefore, since we are receiving a kingdom which
cannot be shaken, let us have grace, by which we may
serve God acceptably with reverence and godly fear.*

HEBREWS 12:28

WHEN YOU NEED TO KNOW THAT YOUR SUFFERING
IS NOT WASTED

*For I consider that the sufferings of this present time
are not worthy to be compared with the glory which shall
be revealed in us.*

ROMANS 8:18

WHEN YOU NEED TO BE REMINDED THAT THE BEST IS
STILL AHEAD

*"For behold, I create new heavens and a new earth;
And the former shall not be remembered or come to
mind. But be glad and rejoice forever in what I create."*

ISAIAH 65:17-18

WHEN YOU ARE STRUGGLING TO HOPE AGAIN AFTER
GREAT DISAPPOINTMENT

Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit.

ROMANS 15:13

WHEN YOU NEED A VISION FOR WHAT GOD CAN DO
WITH YOUR LIFE

"Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him."

1 CORINTHIANS 2:9

WHEN THE WEIGHT OF TODAY MAKES IT HARD TO
BELIEVE IN TOMORROW

"Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble."

MATTHEW 6:34

WHEN YOU NEED TO ANCHOR YOUR SOUL IN
SOMETHING THAT WILL NOT FAIL

This hope we have as an anchor of the soul, both sure and steadfast, and which enters the Presence behind the veil.

HEBREWS 6:19

WHEN YOU NEED TO KNOW THAT WHAT GOD HAS
PROMISED YOU HE IS FULLY ABLE TO DELIVER

He did not waver at the promise of God through unbelief, but was strengthened in faith, giving glory to God, and being fully convinced that what He had promised He was also able to perform.

ROMANS 4:20–21

WHEN YOU NEED TO LIFT YOUR EYES OFF YOUR
PRESENT CIRCUMSTANCES AND FIX THEM ON ETERNITY

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

2 CORINTHIANS 4:17–18

WHEN YOU NEED A PROMISE THAT THERE IS HOPE
FOR YOUR FUTURE AND THE FUTURE OF YOUR CHILDREN

"There is hope in your future," says the LORD, "That your children shall come back to their own border."

JEREMIAH 31:17

WHEN YOU NEED TO KNOW THAT GOD'S UNFAILING
LOVE IS THE FOUNDATION OF ALL YOUR HOPE

Let Your mercy, O LORD, be upon us, Just as we hope in You.

PSALM 33:22

A Prayer for the Mother Who Needs Hope

Lord, I confess that hope has been hard to hold on to lately. The future feels uncertain and my heart has grown weary from waiting for things to change. But You are the God of hope, and I ask You today to fill me with all joy and peace as I trust in You, so that I may overflow with hope by the power of Your Holy Spirit. Remind me that You are already in my tomorrow. Remind me that Your plans for me are good and not evil. Give me eyes to see beyond my present circumstances to the future You have prepared, and give me the faith to walk toward it without fear. My hope is in You alone. You are my rock and savior.

In Jesus' name, Amen.

Question to meditate on:

What is the story you have been telling yourself about how things will end, and how would your life change today if you replaced that story with the one God has already written for you?

IDENTITY & WORTH

WHEN YOU HAVE LOST SIGHT OF WHO YOU ARE
OUTSIDE OF BEING A MOTHER

But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light.

1 PETER 2:9

WHEN YOU FEEL INSIGNIFICANT AND WONDER IF
YOUR LIFE MATTERS

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

EPHESIANS 2:10

WHEN YOU NEED YOUR IDENTITY TO BE ROOTED IN
CHRIST ALONE

I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

GALATIANS 2:20

WHEN YOU STRUGGLE TO SEE YOURSELF THE WAY
GOD SEES YOU

I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, And that my soul knows very well.

PSALM 139:14

WHEN YOU NEED TO KNOW THAT GOD TAKES
PLEASURE IN YOU

For the LORD takes pleasure in His people; He will beautify the humble with salvation.

PSALM 149:4

WHEN YOU NEED TO KNOW THAT GOD HIMSELF
CHOSE YOU

"You did not choose Me, but I chose you and appointed you that you should go and bear fruit, and that your fruit should remain."

JOHN 15:16

WHEN YOU NEED TO KNOW THAT YOUR IDENTITY IS
ROOTED IN CHRIST ALONE

Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

2 CORINTHIANS 5:17

WHEN COMPARISON TO OTHER MOTHERS HAS LEFT
YOU FEELING INADEQUATE

For we dare not class ourselves or compare ourselves with those who commend themselves. But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise.

2 CORINTHIANS 10:12

WHEN YOU NEED TO HEAR THAT YOU ARE CHOSEN
AND LOVED

Just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love.

EPHESIANS 1:4

WHEN YOU FEEL LIKE YOU DO NOT MEASURE UP

Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God.

2 CORINTHIANS 3:5

WHEN YOU NEED TO HEAR GOD CLAIM YOU AS HIS
OWN

"I will be a Father to you, And you shall be My sons and daughters, Says the LORD Almighty."

2 CORINTHIANS 6:18

WHEN YOU NEED TO STAND FIRM IN WHO GOD SAYS
YOU ARE

For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

ROMANS 8:15

WHEN YOU NEED TO KNOW HOW TENDERLY GOD
REGARDS YOU

Keep me as the apple of Your eye; Hide me under the shadow of Your wings.

PSALM 17:8

WHEN YOU NEED TO KNOW THAT YOU ARE PRECIOUS
AND HONOURED IN GOD'S SIGHT

"Since you were precious in My sight, You have been honored, And I have loved you."

ISAIAH 43:4

WHEN YOU NEED TO KNOW THAT GOD HAS
CROWNED YOU WITH GLORY AND HONOR

What is man that You are mindful of him, And the son of man that You visit him? For You have made him a little lower than the angels, And You have crowned him with glory and honor.

PSALM 8:4-5

WHEN YOU NEED TO KNOW THAT YOU ARE A CROWN
OF GLORY IN THE HAND OF GOD

You shall also be a crown of glory In the hand of the LORD, And a royal diadem In the hand of your God.

ISAIAH 62:3

A Prayer for the Mother Reclaiming Her Identity

Father, I confess that I have allowed the world, my circumstances, and the enemy's lies to define me for far too long. Today I come back to what Your Word says about who I am. I am fearfully and wonderfully made. I am chosen. I am loved. I am Your child. I am called and equipped for the purpose You have placed before me. Help me to walk in that identity with confidence in who You say I am. Silence every voice that contradicts Your Word and let Your truth be the loudest voice in my life. I am not who my failures say I am. I am who You say I am and I feel your love.

In Jesus' name, Amen.

Question to meditate on:

If you woke up tomorrow and the only voice you could hear was God's voice telling you who you are, with every other voice completely silent, what do you believe He would say, and why is that so hard to receive?

LONELINESS & ISOLATION

WHEN YOU NEED TO KNOW THAT JESUS IS WITH YOU
EVERY SINGLE DAY

"Lo, I am with you always, even to the end of the age."

MATTHEW 28:20

WHEN YOU ARE SURROUNDED BY PEOPLE YET STILL
FEEL DEEPLY LONELY

*God sets the solitary in families; He brings out those
who are bound into prosperity.*

PSALM 68:6

WHEN YOU NEED TO KNOW THAT GOD HIMSELF IS
WALKING THROUGH THIS VALLEY WITH YOU

*Yea, though I walk through the valley of the shadow
of death, I will fear no evil; For You are with me; Your rod
and Your staff, they comfort me.*

PSALM 23:4

WHEN YOU FEEL LIKE NO ONE UNDERSTANDS WHAT
YOU ARE GOING THROUGH

*For we do not have a High Priest who cannot
sympathize with our weaknesses, but was in all points
tempted as we are, yet without sin.*

HEBREWS 4:15

WHEN LONELINESS HAS MADE YOU FEEL UNSTEADY
AND UNSURE

*I have set the LORD always before me; Because He is
at my right hand I shall not be moved.*

PSALM 16:8

WHEN YOU LONG FOR DEEP AND MEANINGFUL
FRIENDSHIP

*A man who has friends must himself be friendly, But
there is a friend who sticks closer than a brother.*

PROVERBS 18:24

WHEN YOUR SOUL IS THIRSTY FOR CONNECTION AND
YOU NEED GOD TO SATISFY IT

*O God, You are my God; Early will I seek You; My soul
thirsts for You; My flesh longs for You In a dry and thirsty
land Where there is no water.*

PSALM 63:1

WHEN YOU NEED TO BE STILL AND REMEMBER THAT
GOD ALONE IS ENOUGH

*Truly my soul silently waits for God; From Him comes
my salvation. He only is my rock and my salvation; He is
my defense; I shall not be greatly moved.*

PSALM 62:1-2

WHEN YOU NEED GOD TO COME CLOSE AND SPEAK
COMFORT INTO YOUR LONELINESS

"Comfort, yes, comfort My people!" Says your God.

ISAIAH 40:1

WHEN YOU NEED COMMUNITY AND DO NOT KNOW
WHERE TO FIND IT

And let us consider one another in order to stir up love and good works, not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.

HEBREWS 10:24–25

WHEN ISOLATION HAS CAUSED YOU TO WITHDRAW
FROM GOD AS WELL

Draw near to God and He will draw near to you.

JAMES 4:8

WHEN YOU NEED TO KNOW THAT GOD'S KINDNESS
TOWARD YOU WILL NEVER DEPART

"For the mountains shall depart And the hills be removed, But My kindness shall not depart from you, Nor shall My covenant of peace be removed," Says the LORD, who has mercy on you.

ISAIAH 54:10

WHEN YOU NEED TO BE REMINDED THAT YOU WERE
NEVER MEANT TO DO THIS ALONE

Two are better than one, Because they have a good reward for their labor. For if they fall, one will lift up his companion. But woe to him who is alone when he falls, For he has no one to help him up.

ECCLESIASTES 4:9–10

A Prayer for the Lonely Mother

Lord, the loneliness is real and today it feels overwhelming. I long for connection, for friendship, for someone who truly understands what I am carrying. But before I look anywhere else, I come to You the One who knows me completely and loves me perfectly. Be my companion in this season. Fill the empty places that loneliness has carved out in my heart with Your presence. And Lord, in Your timing, bring the right people into my life, women who will walk alongside me, encourage me, and point me back to You. Until then, let me never forget that I am not truly alone. You are with me always.

In Jesus' name, Amen.

Question to meditate on:

What is one small, brave step you could take this week to move toward the community God created you to need, and what would it mean for your children to watch you choose connection over isolation?

MARRIAGE & RELATIONSHIPS

WHEN YOU NEED TO LOVE YOUR HUSBAND AS A
TRUE COMPANION AND FRIEND

*A friend loves at all times, And a brother is born for
adversity.*

PROVERBS 17:17

WHEN YOU NEED TO KNOW THAT A CORD OF THREE
STRANDS IN YOUR MARRIAGE CANNOT BE BROKEN

*Though one may be overpowered by another, two can
withstand him. And a threefold cord is not quickly broken.*

ECCLESIASTES 4:12

WHEN YOU NEED TO BE REMINDED OF THE
FOUNDATION YOUR MARRIAGE SHOULD BE BUILT ON

*Unless the LORD builds the house, They labor in vain
who build it.*

PSALM 127:1

WHEN YOU NEED TO CHOOSE LOVE EVEN WHEN IT IS
COSTLY

*Love bears all things, believes all things, hopes all
things, endures all things.*

1 CORINTHIANS 13:7

WHEN YOU NEED WISDOM ON HOW TO BE THE WIFE
AND MOTHER GOD HAS CALLED YOU TO BE

*Who can find a virtuous wife? For her worth is far
above rubies. The heart of her husband safely trusts her;
So he will have no lack of gain.*

PROVERBS 31:10–11

WHEN YOUR MARRIAGE IS STRUGGLING AND YOU
NEED GOD TO RESTORE IT

*"Therefore what God has joined together, let not man
separate."*

MARK 10:9

WHEN YOUR MARRIAGE NEEDS HEALING AND ONLY
GOD CAN REPAIR WHAT IS BROKEN

*"Behold, I am the LORD, the God of all flesh. Is there
anything too hard for Me?"*

JEREMIAH 32:27

WHEN YOU NEED TO GUARD YOUR HEART AND YOUR
HOME

*Keep your heart with all diligence, For out of it spring
the issues of life.*

PROVERBS 4:23

WHEN YOU AND YOUR HUSBAND NEED TO BE
UNITED IN PRAYER FOR YOUR FAMILY

*Again I say to you that if two of you agree on earth
concerning anything that they ask, it will be done for
them by My Father in heaven.*

MATTHEW 18:19

WHEN YOU NEED TO RECEIVE YOUR HUSBAND THE
WAY GOD HAS RECEIVED YOU

*Therefore receive one another, just as Christ also
received us, to the glory of God.*

ROMANS 15:7

WHEN YOU FEEL MORE LIKE ROOMMATES THAN
PARTNERS AND NEED GOD TO REKINDLE YOUR LOVE

*"I will give you a new heart and put a new spirit within
you; I will take the heart of stone out of your flesh and
give you a heart of flesh."*

EZEKIEL 36:26

WHEN YOU NEED TO REMEMBER WHY YOU CHOSE
TO LOVE

*"Set me as a seal upon your heart, As a seal upon your
arm; For love is as strong as death. Many waters cannot
quench love, Nor can the floods drown it."*

SONG OF SOLOMON 8:6-7

WHEN YOU NEED TO PURSUE PEACE IN YOUR HOME
AND RELATIONSHIPS

*If it is possible, as much as depends on you, live
peaceably with all men.*

ROMANS 12:18

WHEN YOU NEED TO LOVE YOUR FAMILY WITH A
LOVE THAT COVERS ALL THINGS

And above all things have fervent love for one another, for "love will cover a multitude of sins."

1 PETER 4:8

WHEN YOU NEED TO LOVE YOUR FAMILY THE WAY
GOD HAS CALLED YOU TO LOVE THEM

And above all these things put on love, which is the bond of perfection. And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful. Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

COLOSSIANS 3:14–16

WHEN YOU NEED TO KNOW THAT GOD DESIGNED
MARRIAGE TO REFLECT HIS OWN COVENANT LOVE

"Yet she is your companion and your wife by covenant."

MALACHI 2:14

WHEN YOU NEED TO BUILD YOUR HOME ON THE
WISDOM THAT ONLY GOD CAN GIVE

The wise woman builds her house, But the foolish pulls it down with her hands.

PROVERBS 14:1

A Prayer for the Mother's Marriage and Relationships

Father, I bring my marriage and my relationships before You today. Where there is conflict, bring peace. Where there is distance, bring closeness. Where there is bitterness, bring forgiveness. Help me to be a wife who loves her husband the way You have called me to love, sacrificially, patiently, and with kindness. Build our home on the foundation of Your Word so that nothing the enemy sends against it can tear it down. And in all of my relationships, Lord, help me to extend the same grace and forgiveness that You have so lavishly extended to me. Let my home be a place of love, safety, and Your undeniable presence.

In Jesus' name, Amen.

Question to meditate on:

What is one thing you could do in the next twenty-four hours to choose your marriage, not because it is easy, but because the God who is love Himself is the foundation you are both standing on?

PATIENCE

WHEN YOU ARE RUNNING OUT OF PATIENCE WITH
YOUR CHILDREN

Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up.

1 CORINTHIANS 13:4

WHEN YOU NEED A PICTURE OF WHAT PATIENT
WAITING ACTUALLY LOOKS LIKE

Therefore be patient, brethren, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, waiting patiently for it until it receives the early and latter rain. You also be patient. Establish your hearts, for the coming of the Lord is at hand.

JAMES 5:7-8

WHEN YOU NEED YOUR SOUL TO QUIETLY WAIT ON
GOD

Our soul waits for the LORD; He is our help and our shield.

PSALM 33:20

WHEN YOU NEED PATIENCE AS A FRUIT OF THE
SPIRIT, NOT A PRODUCT OF WILLPOWER

Strengthened with all might, according to His glorious power, for all patience and longsuffering with joy.

COLOSSIANS 1:11

WHEN YOU NEED TO RESPOND TO YOUR CHILD WITH
GENTLENESS INSTEAD OF ANGER

*A soft answer turns away wrath, But a harsh word
stirs up anger.*

PROVERBS 15:1

WHEN YOU NEED TO KEEP HOPING FOR WHAT YOU
CANNOT YET SEE

*But if we hope for what we do not see, we eagerly wait
for it with perseverance.*

ROMANS 8:25

WHEN YOU ARE WAITING FOR A PRAYER TO BE
ANSWERED AND DOUBT IS CREEPING IN

*For the vision is yet for an appointed time; But at the
end it will speak, and it will not lie. Though it tarries, wait
for it; Because it will surely come, It will not tarry.*

HABAKKUK 2:3

WHEN YOU NEED TO BE STILL AND TRUST GOD'S
TIMING

*Rest in the LORD, and wait patiently for Him; Do not
fret because of him who prospers in his way, Because of
the man who brings wicked schemes to pass.*

PSALM 37:7

WHEN YOU NEED TO KEEP WAITING ON GOD AND
NOT TAKE MATTERS INTO YOUR OWN HANDS

*For evildoers shall be cut off; But those who wait on
the LORD, They shall inherit the earth.*

PSALM 37:9

WHEN YOU NEED TO KNOW THAT GOD IS ALSO
WAITING TO BE GRACIOUS TO YOU

*Therefore the LORD will wait, that He may be
gracious to you; And therefore He will be exalted, that
He may have mercy on you. For the LORD is a God of
justice; Blessed are all those who wait for Him.*

ISAIAH 30:18

WHEN YOUR CHILD IS TESTING EVERY LAST NERVE
AND YOU NEED HELP

*The discretion of a man makes him slow to anger, And
his glory is to overlook a transgression.*

PROVERBS 19:11

WHEN YOU NEED TO BE REMINDED THAT GOD'S
TIMING IS ALWAYS PERFECT

*To everything there is a season, A time for every
purpose under heaven.*

ECCLESIASTES 3:1

WHEN YOU NEED TO WAIT QUIETLY RATHER THAN
ACT IMPATIENTLY

*It is good that one should hope and wait quietly For
the salvation of the LORD.*

LAMENTATIONS 3:26

WHEN YOU NEED PATIENCE AS A GIFT THAT ONLY
THE SPIRIT CAN PRODUCE IN YOU

*But the fruit of the Spirit is love, joy, peace,
longsuffering, kindness, goodness, faithfulness,
gentleness, self-control. Against such there is no law.*

GALATIANS 5:22-23

WHEN YOU NEED TO KNOW THAT PATIENT
ENDURANCE WILL LEAD YOU TO YOUR REWARD

"By your patience possess your souls."

LUKE 21:19

WHEN YOU NEED TO KNOW THAT WHAT YOU ARE
ENDURING IS PRODUCING SOMETHING BEAUTIFUL IN
YOU

*And not only that, but we also glory in tribulations,
knowing that tribulation produces perseverance; and
perseverance, character; and character, hope.*

ROMANS 5:3-4

WHEN YOU NEED TO FIX YOUR EYES ON JESUS AND
LET HIM BE THE SOURCE OF YOUR ENDURANCE

*For consider Him who endured such hostility from
sinners against Himself, lest you become weary and
discouraged in your souls.*

HEBREWS 12:3

A Prayer for the Mother Who Needs More Patience

Lord, I need more patience than I currently have with my children, with my circumstances, and with the timing of Your answers to my prayers. Forgive me for the moments when impatience has gotten the better of me and I have responded in ways I regret. Grow patience in me the way only You can. Help me to be slow to anger and quick to listen. Help me to wait on You without growing restless and to trust that Your timing is always perfect even when it does not feel that way. Let the testing of my faith in this season produce in me the patience and character that can only be forged in waiting patiently on you.

In Jesus' name, Amen.

Question to meditate on:

What is the one area of your life where God seems to be asking you to wait, and is it possible that what He is growing in you during the waiting is more valuable than the answer you have been demanding?

PEACE IN CHAOS

WHEN YOUR HOME IS IN CHAOS AND YOU CANNOT
FIND A MOMENT OF CALM

"Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid."

JOHN 14:27

WHEN YOU NEED GOD'S PEACE TO SETTLE OVER
YOUR HOME AND YOUR HEART

The work of righteousness will be peace, And the effect of righteousness, Quietness and assurance forever.

ISAIAH 32:17

WHEN THE NOISE AND DEMANDS OF THE DAY ARE
OVERWHELMING YOU

"Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth!"

PSALM 46:10

WHEN YOU NEED GOD TO BLESS YOUR HOME WITH
HIS PEACE

The LORD will give strength to His people; The LORD will bless His people with peace.

PSALM 29:11

WHEN YOU NEED TO BRING THE PEACE OF GOD INTO
YOUR HOME

*Now may the Lord of peace Himself give you peace
always in every way. The Lord be with you all.*

2 THESSALONIANS 3:16

WHEN LIFE FEELS OUT OF CONTROL AND YOU NEED
TO BE ANCHORED

*God is our refuge and strength, A very present help in
trouble. Therefore we will not fear, Even though the earth
be removed, And though the mountains be carried into
the midst of the sea.*

PSALM 46:1–2

WHEN ANXIETY AND CHAOS HAVE BECOME YOUR
NORMAL AND YOU NEED TO RECLAIM PEACE

For God is not the author of confusion but of peace.

1 CORINTHIANS 14:33

WHEN YOU NEED REST FROM THE STORM RAGING
AROUND YOU

*He calms the storm, So that its waves are still. Then
they are glad because they are quiet; So He guides them
to their desired haven.*

PSALM 107:29–30

WHEN YOU NEED TO RETURN TO GOD'S REST IN THE
MIDDLE OF THE CHAOS

*Return to your rest, O my soul, For the LORD has dealt
bountifully with you.*

PSALM 116:7

WHEN YOU NEED PEACE AS YOU FACE UNCERTAINTY

"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

JOHN 16:33

WHEN YOU NEED TO BE REMINDED THAT PEACE IS A PERSON, NOT JUST A FEELING

For He Himself is our peace.

EPHESIANS 2:14

WHEN YOU NEED PEACE WITH GOD BEFORE YOU CAN HAVE PEACE ABOUT ANYTHING ELSE

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ.

ROMANS 5:1

WHEN THE STORMS OF LIFE ARE RAGING AND YOU NEED TO KNOW THAT JESUS IS IN THE BOAT WITH YOU

And He arose and rebuked the wind, and said to the sea, "Peace, be still!" And the wind ceased and there was a great calm. But He said to them, "Why are you so fearful? How is it that you have no faith?"

MARK 4:39–40

WHEN YOU NEED THE PEACE THAT ONLY GOD CAN GIVE TO GUARD YOUR HEART AND MIND

And the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

PHILIPPIANS 4:7

A Prayer for the Mother in the Midst of Chaos

Prince of Peace, I need You to step into the chaos of my life right now and speak the same words You spoke over the storm "Peace, be still." Calm the noise around me and the noise within me. Help me to create an atmosphere of peace in my home even when everything feels out of control. Teach me to run to You first when things begin to unravel rather than trying to manage it all in my own strength. Guard my heart and my mind with Your peace today. Your peace that cannot be explained and cannot be taken away. Let me be an anchor of Your peace in my home rather than a contributor to the chaos.

In Jesus' name, Amen.

Question to meditate on:

In the middle of the loudest, most chaotic moment of your week, what would it look like to stop, even for sixty seconds, and let the Prince of Peace into the room?

PRAYER FOR YOUR CHILDREN

WHEN YOU NEED TO BE REMINDED THAT GOD
ANSWERS THE PRAYERS OF A PRAYING MOTHER

*"For this child I prayed, and the LORD has granted me
my petition which I asked of Him."*

1 SAMUEL 1:27

WHEN YOU NEED TO PRAY WITH PERSISTENCE AND
VIGILANCE

*Continue earnestly in prayer, being vigilant in it with
thanksgiving.*

COLOSSIANS 4:2

WHEN YOU NEED ENCOURAGEMENT TO KEEP
PRAYING FOR YOUR CHILDREN

*The effective, fervent prayer of a righteous man avails
much.*

JAMES 5:16

WHEN YOU DO NOT KNOW HOW TO PRAY FOR YOUR
CHILD

*Likewise the Spirit also helps in our weaknesses. For
we do not know what we should pray for as we ought,
but the Spirit Himself makes intercession for us with
groanings which cannot be uttered.*

ROMANS 8:26

WHEN YOU NEED TO PRAY FOR YOUR CHILD'S HEART
TO REMAIN TENDER TOWARD GOD

*Create in me a clean heart, O God, And renew a
steadfast spirit within me.*

PSALM 51:10

WHEN YOU ARE PRAYING FOR GOD TO BREATHE NEW
LIFE INTO YOUR CHILD

"I will put My Spirit in you, and you shall live."

EZEKIEL 37:14

WHEN YOU ARE PRAYING FOR YOUR CHILD'S FUTURE
SPOUSE

*He who finds a wife finds a good thing, And obtains
favor from the LORD.*

PROVERBS 18:22

WHEN YOU FEEL DESPERATE IN PRAYER AND NEED TO
KNOW GOD HEARS YOU

*He shall regard the prayer of the desolate, And shall
not despise their prayer.*

PSALM 102:17

WHEN YOU NEED FAITH TO BELIEVE ALL THINGS ARE
POSSIBLE FOR YOUR CHILD

*"If you can believe, all things are possible to him who
believes."*

MARK 9:23

WHEN YOU NEED TO BE REMINDED TO PRAY
WITHOUT CEASING FOR YOUR CHILDREN

Pray without ceasing.

1 THESSALONIANS 5:17

WHEN YOU NEED TO PUT ON THE FULL ARMOR OF
GOD AND PRAY IN THE SPIRIT FOR YOUR CHILDREN

Take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit.

EPHESIANS 6:17-18

WHEN YOU NEED TO KNOW THAT GOD'S EYES ARE
ON YOUR CHILDREN AS YOU PRAY

The eyes of the LORD are on the righteous, And His ears are open to their cry.

PSALM 34:15

WHEN YOU NEED TO TRUST THAT GOD IS AT WORK
IN YOUR CHILD EVEN NOW

For it is God who works in you both to will and to do for His good pleasure.

PHILIPPIANS 2:13

WHEN YOU NEED TO KNOW THAT GOD HEARS THE
PRAYERS OF A RIGHTEOUS MOTHER

The LORD is far from the wicked, But He hears the prayer of the righteous.

PROVERBS 15:29

WHEN YOU NEED TO KNOW THAT YOUR PRAYERS
FOR YOUR CHILDREN ARE BEING HEARD AND KEPT BY
GOD

*Now this is the confidence that we have in Him, that
if we ask anything according to His will, He hears us.
And if we know that He hears us, whatever we ask, we
know that we have the petitions that we have asked of
Him.*

1 JOHN 5:14–15

WHEN YOU NEED TO KNOW THAT GOD HEARS EVERY
PRAYER YOU LIFT TO HIM MORNING BY MORNING

*In the morning, O LORD, You will hear my voice; In
the morning I will direct it to You, And I will look up.*

PSALM 5:3

WHEN YOU NEED TO BRING YOUR CHILDREN BEFORE
GOD WITH BOLD AND BELIEVING PRAYER

*"And whatever things you ask in prayer, believing,
you will receive."*

MATTHEW 21:22

WHEN YOU NEED TO KNOW THAT GOD IS LISTENING
AND WILL ANSWER YOUR PRAYERS FOR YOUR CHILDREN

*And whatever we ask we receive from Him, because
we keep His commandments and do those things that
are pleasing in His sight.*

1 JOHN 3:22

A Prayer of Mediation for Your Children

Father, I come before You today as a mediator for my children. I cover them with the blood of Jesus. I pray that You would pursue their hearts relentlessly and draw them into a deep and lasting relationship with You. Guard their minds against the lies of the enemy. Guard their hearts against the influences of this world. Guide their steps and order their paths. Give them wisdom beyond their years and a hunger for Your Word. Let every seed of faith I have planted in them take root and bear fruit that will last for eternity. I commit my children to You completely, trusting that Your love for them is even greater than my own.

In Jesus' name, Amen.

Question to meditate on:

If you knew with absolute certainty that every prayer you have ever prayed over your children was heard, recorded, and being answered in ways you cannot yet see, how would that change the way you pray tonight?

PROTECTION OVER YOUR FAMILY

WHEN YOU NEED GOD TO BE A STRONGHOLD FOR
YOUR FAMILY IN TIMES OF TROUBLE

*The LORD is good, A stronghold in the day of trouble;
And He knows those who trust in Him.*

NAHUM 1:7

WHEN YOU ARE AFRAID OF WHAT THE WORLD MAY
DO TO YOUR CHILDREN

*He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty. I will say
of the LORD, "He is my refuge and my fortress; My God,
in Him I will trust."*

PSALM 91:1-2

WHEN YOU NEED TO KNOW THAT GOD IS FIGHTING
FOR YOUR FAMILY

*"The LORD will fight for you, and you shall hold your
peace."*

EXODUS 14:14

WHEN YOU NEED TO KNOW THAT GOD'S COVENANT
OF PROTECTION EXTENDS TO YOUR CHILDREN

*Therefore know that the LORD your God, He is God,
the faithful God who keeps covenant and mercy for a
thousand generations with those who love Him and keep
His commandments.*

DEUTERONOMY 7:9

WHEN YOU NEED TO PRAY A HEDGE OF PROTECTION
OVER YOUR HOME

*For He shall give His angels charge over you, To keep
you in all your ways. In their hands they shall bear you up,
Lest you dash your foot against a stone.*

PSALM 91:11–12

WHEN YOU NEED TO KNOW THAT GOD SURROUNDS
YOUR FAMILY ON EVERY SIDE

*As the mountains surround Jerusalem, So the LORD
surrounds His people From this time forth and forever.*

PSALM 125:2

WHEN YOU NEED GOD TO BE YOUR FAMILY'S HIDING
PLACE

*You are my hiding place; You shall preserve me from
trouble; You shall surround me with songs of deliverance.*

PSALM 32:7

WHEN YOU NEED TO DECLARE THAT THE LORD OF
HOSTS IS WITH YOUR FAMILY

*The LORD of hosts is with us; The God of Jacob is our
refuge.*

PSALM 46:7

WHEN YOU NEED TO REST IN THE KNOWLEDGE
THAT YOUR FAMILY IS SAFE IN GOD'S HANDS

*The LORD shall preserve your going out and your
coming in From this time forth, and even forevermore.*

PSALM 121:8

WHEN YOU NEED REASSURANCE THAT GOD GOES
BEFORE YOUR FAMILY

"The LORD, He is the One who goes before you. He will be with you, He will not leave you nor forsake you; do not fear nor be dismayed."

DEUTERONOMY 31:8

WHEN YOU NEED TO KNOW THAT GOD WATCHES
OVER YOUR FAMILY THROUGH THE NIGHT

He will not allow your foot to be moved; He who keeps you will not slumber. Behold, He who keeps Israel Shall neither slumber nor sleep.

PSALM 121:3-4

WHEN YOU NEED GOD TO GUARD THE PATHS YOUR
FAMILY WALKS

He stores up sound wisdom for the upright; He is a shield to those who walk uprightly; He guards the paths of justice, And preserves the way of His saints.

PROVERBS 2:7-8

WHEN THE ENEMY IS TARGETING YOUR FAMILY AND
YOU NEED TO STAND FIRM

Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith.

1 PETER 5:8-9

WHEN YOU NEED TO DECLARE GOD'S PROTECTION
OVER YOUR FAMILY WITH CONFIDENCE AND FAITH

*A thousand may fall at your side, And ten thousand at
your right hand; But it shall not come near you. Only with
your eyes shall you look, And see the reward of the
wicked. Because you have made the LORD, who is my
refuge, Even the Most High, your dwelling place, No evil
shall befall you, Nor shall any plague come near your
dwelling.*

PSALM 91:7-10

WHEN YOU NEED TO KNOW THAT GOD IS A SHIELD
TO ALL WHO TRUST IN HIM

*As for God, His way is perfect; The word of the LORD
is proven; He is a shield to all who trust in Him.*

PSALM 18:30

WHEN YOU NEED TO RUN TO GOD AS THE ONLY
REFUGE THAT WILL NEVER FAIL

*The fear of man brings a snare, But whoever trusts in
the LORD shall be safe.*

PROVERBS 29:25

WHEN YOU NEED TO KNOW THAT GOD WATCHES
OVER EVERY STEP YOUR FAMILY TAKES

*The LORD is your keeper; The LORD is your shade at
your right hand.*

PSALM 121:5

A Prayer for Protection Over the Family

Lord, I pray a hedge of protection around my family right now. I declare that no weapon formed against us shall prosper. Station Your angels around our home, our vehicles, our places of work and learning. Protect my children's bodies, minds, and spirits from every scheme the enemy has devised against them. Go before us into every situation we will face today and make a way where there seems to be no way. I trust You as the guardian of my family, and I release the burden of protection from my shoulders onto Yours. You never sleep and You never grow weary, my family is safe in Your loving and kind hands.

In Jesus' name, Amen.

Question to meditate on:

What fear about your family's safety are you carrying right now that you have never once actually placed in God's hands, and what is one declaration from His Word you could speak over your home today?

PROVISION & FINANCIAL NEED

WHEN YOU ARE FACING A FINANCIAL CRISIS AND DO NOT KNOW HOW THE BILLS WILL BE PAID

And my God shall supply all your need according to His riches in glory by Christ Jesus.

PHILIPPIANS 4:19

WHEN YOU ARE AFRAID THERE WILL NOT BE ENOUGH FOR YOUR FAMILY

"Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things."

MATTHEW 6:31-32

WHEN YOU NEED TO GIVE AND TRUST GOD TO PROVIDE IN RETURN

"Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom."

LUKE 6:38

WHEN YOU NEED TO KNOW THAT THOSE WHO FEAR GOD WILL NEVER LACK

Oh, fear the LORD, you His saints! There is no want to those who fear Him.

PSALM 34:9

WHEN YOU NEED TO REMEMBER EVERYTHING IS
FROM GOD

*"The silver is Mine, and the gold is Mine," Says the
LORD of hosts.*

HAGGAI 2:8

WHEN YOU ARE STRUGGLING TO BE FAITHFUL WITH
WHAT LITTLE YOU HAVE

*"He who is faithful in what is least is faithful also in
much; and he who is unjust in what is least is unjust also
in much."*

LUKE 16:10

WHEN YOU NEED COURAGE TO HONOR GOD WITH
YOUR FINANCES EVEN IN HARD TIMES

*"Bring all the tithes into the storehouse, That there
may be food in My house, And try Me now in this," Says
the LORD of hosts, "If I will not open for you the
windows of heaven And pour out for you such blessing
That there will not be room enough to receive it."*

MALACHI 3:10

WHEN YOU NEED GOD TO MULTIPLY WHAT LITTLE
YOU HAVE

*Now may He who supplies seed to the sower, and
bread for food, supply and multiply the seed you have
sown and increase the fruits of your righteousness.*

2 CORINTHIANS 9:10

WHEN YOU ARE TEMPTED TO SEEK SECURITY IN
MONEY RATHER THAN IN GOD

"No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon."

MATTHEW 6:24

WHEN YOU NEED TO KNOW THAT GOD'S BLESSING
ADDS NO SORROW WITH IT

The blessing of the LORD makes one rich, And He adds no sorrow with it.

PROVERBS 10:22

WHEN YOU NEED A PROMISE THAT GOD WILL NOT
LET YOUR FAMILY GO WITHOUT

I have been young, and now am old; Yet I have not seen the righteous forsaken, Nor his descendants begging bread.

PSALM 37:25

WHEN YOU NEED TO DECLARE GOD'S ABUNDANCE
OVER YOUR HOUSEHOLD

"And God is able to make all grace abound toward you, that you, always having all sufficiency in all things, may have an abundance for every good work."

2 CORINTHIANS 9:8

WHEN YOU NEED TO BE REMINDED THAT YOUR HOPE
IS NOT IN RICHES BUT IN GOD ALONE

*Command those who are rich in this present age not
to be haughty, nor to trust in uncertain riches but in the
living God, who gives us richly all things to enjoy.*

1 TIMOTHY 6:17

WHEN YOU NEED TO BE REMINDED THAT GOD
SUSTAINS HIS CREATION AND WILL SUSTAIN YOU

*He causes the grass to grow for the cattle, And
vegetation for the service of man, That he may bring
forth food from the earth, And bread which strengthens
man's heart.*

PSALM 104:14–15

WHEN YOU NEED TO KNOW THAT GOD IS THE ONE
WHO PROVIDES

*And Abraham called the name of the place, The-
LORD-Will-Provide; as it is said to this day, "In the Mount
of the LORD it shall be provided."*

GENESIS 22:14

WHEN YOU NEED TO HONOR GOD WITH WHAT YOU
HAVE AND TRUST HIM WITH THE REST

*Honor the LORD with your possessions, And with the
first fruits of all your increase; So your barns will be filled
with plenty, And your vats will overflow with new wine.*

PROVERBS 3:9–10

A Prayer for the Mother Trusting God for Provision

Dear Lord my Provider, I bring my financial needs before You today with honesty and with faith. You know exactly what my family needs and You have promised to supply every need according to Your riches in glory. I repent of the fear and the worry I have allowed to take root around money, and I choose instead to trust You as my source. Help me to be faithful with what You have placed in my hands. Open doors of provision that only You can open. And as I seek first Your kingdom, I trust that You will add everything else I need. My security is not in money, it is in You alone. My faith in you is as unshakable as the sun.

In Jesus' name, Amen.

Question to meditate on:

If God's track record in your life, every time He came through when you did not know how, were written down and placed in front of you right now, would it be enough evidence to trust Him with what you are facing today?

PURPOSE & CALLING

WHEN YOU NEED TO RISE UP AND STEP INTO THE
CALLING GOD HAS PLACED ON YOUR LIFE

*Arise, shine; For your light has come! And the glory of
the LORD is risen upon you.*

ISAIAH 60:1

WHEN YOU NEED TO KNOW THAT GOD WILL EQUIP
AND STRENGTHEN YOU FOR YOUR CALLING

*But the Lord stood with me and strengthened me, so
that the message might be preached fully through me.*

2 TIMOTHY 4:17

WHEN YOU NEED TO KNOW THAT GOD CALLED YOU
TO MOTHERHOOD ON PURPOSE

*"Before I formed you in the womb I knew you; Before
you were born I sanctified you."*

JEREMIAH 1:5

WHEN YOU ARE SEARCHING FOR YOUR GIFTS AND
CALLING BEYOND MOTHERHOOD

*Having then gifts differing according to the grace
that is given to us, let us use them.*

ROMANS 12:6

WHEN YOU NEED TO KNOW THAT GOD HAS SET AN
OPEN DOOR BEFORE YOU THAT NO ONE CAN SHUT

"See, I have set before you an open door, and no one can shut it; for you have a little strength, have kept My word, and have not denied My name."

REVELATION 3:8

WHEN YOU NEED TO KNOW THAT YOUR CALLING
WAS INITIATED BY A FAITHFUL GOD

God is faithful, by whom you were called into the fellowship of His Son, Jesus Christ our Lord.

1 CORINTHIANS 1:9

WHEN YOU NEED TO KNOW THAT YOUR DAILY WORK
AS A MOTHER IS A HIGH AND HOLY CALLING

And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ.

COLOSSIANS 3:23–24

WHEN YOU NEED TO WALK WORTHY OF THE CALLING
GOD HAS PLACED ON YOUR LIFE

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called.

EPHESIANS 4:1

WHEN YOU NEED TO KNOW THAT GOD WILL
PRESERVE YOUR CALLING TO THE END

"And the Lord will deliver me from every evil work and preserve me for His heavenly kingdom. To Him be glory forever and ever. Amen!"

2 TIMOTHY 4:18

WHEN YOU NEED TO KNOW THAT GOD WILL FULFIL
EVERY PROMISE HE HAS SPOKEN OVER YOUR LIFE

"Blessed is she who believed, for there will be a fulfillment of those things which were told her from the Lord."

LUKE 1:45

WHEN YOU NEED GOD TO MAKE YOU BOLD AND
STRONG FOR THE CALLING HE HAS GIVEN YOU

In the day when I cried out, You answered me, And made me bold with strength in my soul.

PSALM 138:3

WHEN YOU NEED TO KNOW THAT GOD'S CALL ON
YOUR LIFE WAS PREDESTINED FROM THE BEGINNING

Moreover whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified.

ROMANS 8:30

WHEN YOU NEED TO LET GO OF THE PAST AND PRESS FORWARD INTO YOUR CALLING

Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

PHILIPPIANS 3:13–14

WHEN YOU NEED TO KNOW THAT GOD EQUIPPED YOU FOR THIS CALLING BEFORE YOU EVER FELT READY

Now may the God of peace who brought up our Lord Jesus from the dead, that great Shepherd of the sheep, through the blood of the everlasting covenant, make you complete in every good work to do His will, working in you what is well pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. Amen.

HEBREWS 13:20–21

WHEN YOU NEED TO KNOW THAT GOD SAVED YOU AND CALLED YOU WITH A HOLY CALLING ON PURPOSE

Who has saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace which was given to us in Christ Jesus before time began.

2 TIMOTHY 1:9

WHEN YOU NEED TO KNOW THAT YOU HAVE BEEN PLACED WHERE YOU ARE FOR SUCH A TIME AS THIS

"Yet who knows whether you have come to the kingdom for such a time as this?"

ESTHER 4:14

A Prayer for the Mother Seeking Her Purpose

Father, You created me with intention and on purpose. Before I was formed in the womb You knew me and You set me apart for a calling that only I can fulfill. Help me to walk in that calling with confidence and without apology. Reveal the gifts You have placed in me and show me how to use them for Your glory, as a mother, as a woman, and as Your child. Where fear has held me back, replace it with boldness. Where confusion has clouded my path, bring clarity. I press toward the goal You have set before me, knowing that You who called me are faithful and that You will complete in me everything You have begun.

In Jesus' name, Amen.

Question to meditate on:

What is the gift, the dream, or the calling that has been quietly burning in your heart that you have been afraid to pursue, and what would you do with it if you truly believed God put it there on purpose?

RAISING GODLY CHILDREN

WHEN YOU NEED TO KNOW THAT TELLING YOUR CHILDREN ABOUT GOD IS YOUR HIGHEST CALLING

We will not hide them from their children, Telling to the generation to come the praises of the LORD, And His strength and His wonderful works that He has done.

PSALM 78:4

WHEN YOU NEED A VISION FOR THE GODLY LEGACY YOU ARE BUILDING

Behold, children are a heritage from the LORD, The fruit of the womb is a reward. Like arrows in the hand of a warrior, So are the children of one's youth.

PSALM 127:3-4

WHEN YOU NEED STRENGTH TO MODEL FAITH FOR YOUR CHILDREN EVEN ON YOUR HARDEST DAYS

Let your light so shine before men, that they may see your good works and glorify your Father in heaven.

MATTHEW 5:16

WHEN YOU NEED TO KNOW THAT GOD'S WORD SPOKEN OVER YOUR CHILD WILL NOT RETURN VOID

"So shall My word be that goes forth from My mouth; It shall not return to Me void, But it shall accomplish what I please, And it shall prosper in the thing for which I sent it."

ISAIAH 55:11

WHEN YOU NEED TO DISCIPLINE YOUR CHILD WITH
LOVE AND GODLY WISDOM

*He who spares his rod hates his son, But he who
loves him disciplines him promptly.*

PROVERBS 13:24

WHEN YOU ARE PRAYING THAT YOUR CHILDREN WILL
SET THEIR HOPE IN GOD

*That they may set their hope in God, And not forget
the works of God, But keep His commandments.*

PSALM 78:7

WHEN YOU NEED WISDOM ON HOW TO PASS YOUR
FAITH TO THE NEXT GENERATION

*The older women likewise, that they be reverent in
behavior, teachers of good things — that they admonish
the young women to love their husbands, to love their
children, to be discreet, chaste, homemakers, good,
obedient to their own husbands, that the word of God
may not be blasphemed.*

TITUS 2:3–5

WHEN YOU NEED TO KNOW THAT GOD'S WORD
SPOKEN OVER YOUR CHILD WILL NOT RETURN VOID

*"So shall My word be that goes forth from My mouth;
It shall not return to Me void, But it shall accomplish what
I please, And it shall prosper in the thing for which I sent
it."*

ISAIAH 55:11

WHEN YOU FEEL LIKE THE WORLD IS PULLING YOUR
CHILD IN THE WRONG DIRECTION

Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

ROMANS 12:2

WHEN YOU NEED TO PRAY FOR YOUR CHILD TO WALK
IN WISDOM AND UNDERSTANDING

The fear of the LORD is the beginning of wisdom; A good understanding have all those who do His commandments.

PSALM 111:10

WHEN YOU NEED A PROMISE THAT GOD'S WORD
WILL CLEANSE AND GUIDE YOUR CHILD'S LIFE

How can a young man cleanse his way? By taking heed according to Your word.

PSALM 119:9

WHEN YOU ARE PRAYING THAT YOUR CHILD WILL
GROW IN WISDOM AND IN FAVOR WITH GOD

And Jesus increased in wisdom and stature, and in favor with God and men.

LUKE 2:52

WHEN YOU NEED TO KNOW THAT RAISING GODLY
CHILDREN WILL BE YOUR GREATEST JOY

The father of the righteous will greatly rejoice, And he who begets a wise child will delight in him.

PROVERBS 23:24

A Prayer for the Mother Raising Godly Children

Lord, I am deeply aware that raising godly children in this world is not something I can do in my own wisdom or strength. I need You every single day. I ask You today to give me the words to speak over my children that will lead them toward You. Help me to be an example of faith that is worth following. Let Your Word be alive in our home and in our conversations, in our decisions, and in the way we treat one another. I trust You with the eternal souls of my children, and I commit to the daily work of pointing them toward You. What I plant in faith, I believe You will bring to harvest.

In Jesus' name, Amen.

Question to meditate on:

When your children are grown and they look back on the home you built, what is the one thing above all else you want them to say they learned about God from watching you live?

SINGLE MOTHERHOOD

WHEN YOU NEED GOD TO CARRY YOU THROUGH THIS
LONG AND DIFFICULT SEASON

*"Even to your old age, I am He, And even to gray hairs
I will carry you! I have made, and I will bear; Even I will
carry, and will deliver you."*

ISAIAH 46:4

WHEN YOUR WEAKNESS AS A SINGLE MOTHER IS
BECOMING YOUR GREATEST STRENGTH

*"Therefore I take pleasure in infirmities, in reproaches,
in needs, in persecutions, in distresses, for Christ's sake.
For when I am weak, then I am strong."*

2 CORINTHIANS 12:10

WHEN YOUR CHILDREN NEED A FATHER AND YOU DO
NOT KNOW HOW TO FILL THAT VOID

*A father of the fatherless, a defender of widows, Is
God in His holy habitation.*

PSALM 68:5

WHEN YOU NEED GOD TO MAKE ALL THINGS NEW IN
YOUR LIFE AND YOUR HOME

*Then He who sat on the throne said, "Behold, I make
all things new."*

REVELATION 21:5

WHEN YOU NEED GOD TO ARM YOU WITH STRENGTH
FOR EACH DAY

*It is God who arms me with strength, And makes my
way perfect.*

PSALM 18:32

WHEN YOU NEED TO KNOW THAT GOD LOADS YOU
WITH DAILY BENEFITS

*Blessed be the Lord, Who daily loads us with benefits,
The God of our salvation!*

PSALM 68:19

WHEN YOU NEED WISDOM THAT ONLY GOD CAN
GIVE

*For the LORD gives wisdom; From His mouth come
knowledge and understanding.*

PROVERBS 2:6

WHEN YOU NEED TO KNOW YOU BELONG TO GOD
AND ARE NEVER ALONE

*The Spirit Himself bears witness with our spirit that we
are children of God.*

ROMANS 8:16

WHEN YOU NEED TO KNOW THAT GOD WATCHES
OVER SINGLE MOTHERS AND THEIR CHILDREN

*The LORD watches over the strangers; He relieves the
fatherless and widow.*

PSALM 146:9

WHEN YOU NEED TO KNOW THAT GOD IS A HUSBAND
TO YOU IN THIS SEASON

"For your Maker is your husband, The LORD of hosts is His name; And your Redeemer is the Holy One of Israel; He is called the God of the whole earth."

ISAIAH 54:5

WHEN YOU NEED TO KNOW THAT GOD IS LEADING
YOU IN TRIUMPH THROUGH THIS SEASON

Now thanks be to God who always leads us in triumph in Christ, and through us diffuses the fragrance of His knowledge in every place.

2 CORINTHIANS 2:14

WHEN YOU NEED TO KNOW THAT GOD WILL MAKE A
WAY WHERE THERE SEEMS TO BE NO WAY

"Do not remember the former things, Nor consider the things of old. Behold, I will do a new thing, Now it shall spring forth; Shall you not know it? I will even make a road in the wilderness And rivers in the desert."

ISAIAH 43:18–19

WHEN YOU NEED TO KNOW THAT GOD HIMSELF IS
THE DEFENDER OF THE VULNERABLE

The LORD your God is God of gods and Lord of lords, the great God, mighty and awesome, who shows no partiality nor takes a bribe. He administers justice for the fatherless and the widow.

DEUTERONOMY 10:17–18

A Prayer for the Single Mother

Father, You see everything I am carrying and You have not once looked away. The road of single motherhood is not easy and there are days when the weight of it threatens to crush me. But You have promised to be a father to the fatherless and a defender of the widow, and I stand on that promise today. Be everything my children need that I cannot be on my own. Supply what I cannot supply. Protect what I cannot protect. Strengthen me when I am failing and lift me up when I fall. Let my children grow up knowing that their family was covered by the grace of God and that their mother trusted Him completely. I am not alone. You are with me always and your love covers all.

In Jesus' name, Amen.

Question to meditate on:

On the days when the weight of doing this alone feels like too much, can you name the specific ways God has shown up as your provider, your protector, and your strength, and what does that list tell you about who He will be tomorrow?

TRUSTING GOD WITH YOUR CHILDREN'S FUTURE

WHEN YOU NEED TO KNOW THAT GOD HAS ALREADY
PROVIDED EVERYTHING YOUR CHILD NEEDS

As His divine power has given to us all things that pertain to life and godliness, through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises.

2 PETER 1:3–4

WHEN YOU ARE PRAYING FOR GOD TO OPEN THE
EYES OF YOUR CHILD'S HEART

That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling.

EPHESIANS 1:17–18

WHEN YOU NEED A PROMISE THAT GOD'S BLESSING
WILL REST ON YOUR DESCENDANTS

Who is the man that fears the LORD? Him shall He teach in the way He chooses. He himself shall dwell in prosperity, And his descendants shall inherit the earth.

PSALM 25:12–13

WHEN YOU NEED TO DECLARE GOD'S GOODNESS
AND FAITHFULNESS OVER YOUR CHILD'S ENTIRE LIFE

For the LORD is good; His mercy is everlasting, And His truth endures to all generations.

PSALM 100:5

WHEN YOU NEED TO QUIETLY PLACE YOUR CHILD'S
FUTURE IN GOD'S HANDS.

My soul, wait silently for God alone, For my expectation is from Him.

PSALM 62:5

WHEN YOU NEED REASSURANCE THAT GOD HAS A
PLAN FOR YOUR CHILD'S LIFE

You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.

PSALM 139:16

WHEN YOU NEED TO TRUST GOD'S PROCESS EVEN
WHEN IT FEELS LIKE A TEST

"He knows the way that I take; When He has tested me, I shall come forth as gold."

JOB 23:10

WHEN YOU NEED TO KNOW THAT GOD'S PLANS FOR
YOUR CHILDREN SPAN GENERATIONS

The counsel of the LORD stands forever, The plans of His heart to all generations.

PSALM 33:11

WHEN YOU ARE PRAYING FOR GOD TO POUR HIS
SPIRIT ON YOUR CHILDREN

*"For I will pour water on him who is thirsty, And floods
on the dry ground; I will pour My Spirit on your
descendants, And My blessing on your offspring."*

ISAIAH 44:3

WHEN YOU NEED COMFORT AND HOPE AS YOU
RELEASE YOUR CHILD'S FUTURE TO GOD

*Now may our Lord Jesus Christ Himself, and our God
and Father, who has loved us and given us everlasting
consolation and good hope by grace, comfort your hearts
and establish you in every good word and work.*

2 THESSALONIANS 2:16-17

WHEN YOU NEED SOMETHING TO ANCHOR YOUR
TRUST IN GOD FOR YOUR CHILD'S FUTURE

*"Blessed is the man who trusts in the LORD, And
whose hope is the LORD. For he shall be like a tree planted
by the waters, Which spreads out its roots by the river."*

JEREMIAH 17:7-8

WHEN YOU NEED A PROMISE THAT YOUR CHILDREN
WILL BE ESTABLISHED BEFORE GOD

*The children of Your servants will continue, And their
descendants will be established before You.*

PSALM 102:28

WHEN YOU NEED TO KNOW THAT GOD IS
PERSONALLY PERFORMING HIS PURPOSES IN YOUR
CHILD

*I will cry out to God Most High, To God who performs
all things for me.*

PSALM 57:2

WHEN YOU NEED TO KNOW THAT GOD'S LOVE FOR
YOUR CHILD WILL FOLLOW THEM WHEREVER THEY GO

*Surely goodness and mercy shall follow me All the
days of my life; And I will dwell in the house of the LORD
Forever.*

PSALM 23:6

WHEN YOU NEED TO KNOW THAT EVERY PROMISE
GOD HAS MADE OVER YOUR CHILD WILL STAND

"Is anything too hard for the LORD?"

GENESIS 18:14

WHEN YOU NEED TO KNOW THAT YOUR CHILDREN
ARE SAFE IN THE HANDS THAT WILL NEVER LET THEM GO

*"And I give them eternal life, and they shall never
perish; neither shall anyone snatch them out of My
hand."*

JOHN 10:28

A Prayer for the Mother Releasing Her Children's Future to God

Lord, today I make a deliberate choice to open my hands and release my children's futures to You. I confess that I have held on too tightly, tried to control too much, and allowed fear of what might happen to rob me of the peace You have promised. You knew my children before they were born. You have every day of their lives written in Your book. I trust Your plans for them far more than I trust my own. So I lay my hopes, my fears, and my expectations for their futures at Your feet, and I ask You to do exceedingly and abundantly above all that I could ask or think. Their lives are in Your hands, and that is the safest place they could ever be.

In Jesus' name, Amen.

Question to meditate on:

What would it mean for you and for your children if you truly let go of their future today and trusted it to the God who knew their names before you did?

WISDOM IN DECISION-MAKING

WHEN YOU DO NOT KNOW WHICH WAY TO TURN
AND NEED GOD TO SHOW YOU THE PATH

*Trust in the LORD with all your heart, And lean not on
your own understanding; In all your ways acknowledge
Him, And He shall direct your paths.*

PROVERBS 3:5–6

WHEN YOU NEED TO SEEK GOD'S WISDOM
DILIGENTLY AND WITH YOUR WHOLE HEART

*"I love those who love me, And those who seek me
diligently will find me."*

PROVERBS 8:17

WHEN YOU NEED TO SEARCH FOR GOD'S WISDOM
LIKE HIDDEN TREASURE

*Yes, if you cry out for discernment, And lift up your
voice for understanding, If you seek her as silver, And
search for her as for hidden treasures; Then you will
understand the fear of the LORD, And find the knowledge
of God.*

PROVERBS 2:3–5

WHEN YOU NEED PEACE TO CONFIRM THAT YOU ARE
MAKING THE RIGHT DECISION

*And let the peace of God rule in your hearts, to which
also you were called in one body; and be thankful.*

COLOSSIANS 3:15

WHEN YOU NEED GOD TO GUIDE YOUR STEPS

Good and upright is the LORD; Therefore He teaches sinners in the way. The humble He guides in justice, And the humble He teaches His way.

PSALM 25:8-9

WHEN YOU NEED THE WISDOM THAT ONLY A HUMBLE AND SURRENDERED HEART CAN RECEIVE

"Therefore give to Your servant an understanding heart to judge Your people, that I may discern between good and evil. For who is able to judge this great people of Yours?"

1 KINGS 3:9

WHEN YOU NEED TO DISCERN GOD'S VOICE ABOVE ALL THE OTHER VOICES AROUND YOU

"My sheep hear My voice, and I know them, and they follow Me."

JOHN 10:27

WHEN YOU NEED TO SEEK GODLY COUNSEL BEFORE MAKING AN IMPORTANT DECISION

Where there is no counsel, the people fall; But in the multitude of counselors there is safety.

PROVERBS 11:14

WHEN YOU NEED TO COMMIT YOUR DECISIONS TO GOD AND TRUST HIM WITH THE OUTCOME

Commit your works to the LORD, And your thoughts will be established.

PROVERBS 16:3

WHEN YOU ARE AFRAID OF MAKING THE WRONG
DECISION

*The steps of a good man are ordered by the LORD,
And He delights in his way. Though he fall, he shall not
be utterly cast down; For the LORD upholds him with His
hand.*

PSALM 37:23–24

WHEN YOU NEED GOD TO TEACH YOU TO WALK IN
HIS WILL

*Teach me to do Your will, For You are my God; Your
Spirit is good. Lead me in the land of uprightness.*

PSALM 143:10

WHEN YOU NEED TO TEST A DECISION AGAINST
GOD'S WORD

*All Scripture is given by inspiration of God, and is
profitable for doctrine, for reproof, for correction, for
instruction in righteousness, that the man of God may be
complete, thoroughly equipped for every good work.*

2 TIMOTHY 3:16–17

WHEN YOU NEED ASSURANCE THAT GOD WILL NOT
LET YOU MISS HIS PLAN FOR YOUR LIFE

*And your ears shall hear a word behind you, saying,
"This is the way, walk in it," Whenever you turn to the
right hand Or whenever you turn to the left.*

ISAIAH 30:21

A Prayer for the Mother Seeking Wisdom

Father, I need Your wisdom today. I am facing decisions that are bigger than my own understanding and I cannot afford to get this wrong. So I do what Your Word instructs me to do. I ask You. Give me wisdom liberally and without reproach, just as You have promised. Make the right path clear and give me the courage to walk it even when it is not the easy one. Close the doors that are not from You and open wide the ones that are. Let the peace of God be the referee in my heart so that I know when I have found Your will. I lean not on my own understanding today, I lean on You.

In Jesus' name, Amen.

Question to meditate on:

Is there a decision you have been trying to make in your own wisdom that you have never fully brought to God in surrender, and what would it look like to lay it down before Him and wait for His voice instead of your own?

WORRY ABOUT A SICK CHILD

WHEN THE TRIAL OF YOUR CHILD'S ILLNESS IS
TESTING YOUR FAITH

In this you greatly rejoice, though now for a little while, if need be, you have been grieved by various trials, that the genuineness of your faith, being much more precious than gold that perishes, though it is tested by fire, may be found to praise, honor, and glory at the revelation of Jesus Christ.

1 PETER 1:6-7

WHEN YOU NEED TO DECLARE GOD'S POWER TO
HEAL OVER YOUR CHILD'S BODY

Who forgives all your iniquities, Who heals all your diseases.

PSALM 103:3

WHEN YOU NEED TO CALL ON GOD IN THE DAY OF
YOUR CHILD'S TROUBLE

"Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me."

PSALM 50:15

WHEN A DIAGNOSIS HAS SHAKEN YOUR FAITH AND
YOU NEED TRUTH TO STAND ON

"For with God nothing will be impossible."

LUKE 1:37

WHEN YOU NEED TO BE REMINDED THAT JESUS
HEALED ALL WHO CAME TO HIM

Jesus went about all the cities and villages, teaching in their synagogues, preaching the gospel of the kingdom, and healing every sickness and every disease among the people.

MATTHEW 9:35

WHEN YOU NEED TO STAND ON WHAT JESUS
ACCOMPLISHED FOR YOUR HEALING

Who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness — by whose stripes you were healed.

1 PETER 2:24

WHEN YOU NEED TO DECLARE THE HEALING THAT
BELONGS TO YOUR CHILD

"But to you who fear My name The Sun of Righteousness shall arise With healing in His wings."

MALACHI 4:2

WHEN YOU NEED TO TRUST THE GOD WHO RAISES
THE DEAD WITH YOUR CHILD'S LIFE

Yes, we had the sentence of death in ourselves, that we should not trust in ourselves but in God who raises the dead, who delivered us from so great a death, and does deliver us; in whom we trust that He will still deliver us.

2 CORINTHIANS 1:9–10

WHEN YOU NEED COURAGE TO KEEP BELIEVING
WHEN THE ROAD IS LONG

*"Be strong, do not fear! Behold, your God will come
With vengeance, with the recompense of God; He will
come and save you."*

ISAIAH 35:4

WHEN YOU NEED TO DECLARE THAT GOD WILL BRING
YOUR CHILD THROUGH THIS

*For You have delivered my soul from death, My eyes
from tears, And my feet from falling. I will walk before the
LORD In the land of the living.*

PSALM 116:8-9

WHEN YOU NEED TO REST IN THE PROMISE THAT
GOD DELIVERS HIS OWN

*Many are the afflictions of the righteous, But the
LORD delivers him out of them all.*

PSALM 34:19

WHEN YOU NEED A NEW PERSPECTIVE ON YOUR
CHILD'S ILLNESS

*"This sickness is not unto death, but for the glory of
God, that the Son of God may be glorified through it."*

JOHN 11:4

WHEN YOU NEED TO REST IN THE KNOWLEDGE THAT
YOUR CHILD IS IN GOD'S HANDS

*The eternal God is your refuge, And underneath are
the everlasting arms.*

DEUTERONOMY 33:27

A Prayer for the Mother of a Sick Child

My Dear Lord, I come to You with a desperate and believing heart on behalf of my child. You are the God who heals and I need You to move in my child's body right now. I speak Your Word over them: by the will of Jesus they are healed. I refuse to let fear have the final word in this situation. You are greater than any diagnosis, any prognosis, and any report that contradicts Your promises. Strengthen my child. Strengthen me as I care for them. Give the doctors wisdom and let Your healing power flow. And in the waiting, Lord, hold us both close. I trust You with my child's life. They are Yours before they are mine. In Jesus' name, Amen.

Question to meditate on:

Even now, in the uncertainty and the fear, can you find one reason to praise God, and do you believe that the same hands that formed your child are holding them still?

CONCLUSION

You have just held in your hands over three hundred and eighty promises from the heart of God. Promises for every fear, every failure, every heartbreak, and every hope that comes with the sacred calling of motherhood. But these promises are only as powerful as your willingness to return to them again and again, to speak them out loud over your life and the lives of your children, and to anchor your faith to them when the storms of life threaten to pull you under.

God's Word does not return void. Every promise you have read in these pages is alive, active, and working on your behalf even now. The God who spoke the world into existence has spoken these words over you. He knew your name before the foundation of the world. He knew the children He would place in your arms. He knew every season of joy and every season of sorrow you would walk through, and He made provision for all of it in His Word long before you ever needed it. He gave words to guide you, sustain you, and give you comfort in times of need.

So return to these pages often. Write your favorite promises on notecards and place them where you will see them. Speak them over your children as they sleep. Declare them out loud in your most difficult moments. Pray them back to God with boldness and with faith, for He is faithful who promised.

You are not just a mother. You are a woman of God, chosen and equipped for one of the most important assignments on the face of the earth. The children in your care are your legacy and God's inheritance. What you pour into them today will echo into eternity. Be encouraged. Be strengthened. Be steadfast.

And above all else, be the mother who believed that God keeps His promises.

He does. He always has. He always will.

PRAISE FROM GOD FOR EVERY CHRISTIAN MOTHER

Her children rise up and call her blessed; Her husband also, and he praises her: "Many daughters have done well, But you excel them all." Charm is deceitful and beauty is passing, But a woman who fears the LORD, she shall be praised. Give her of the fruit of her hands, And let her own works praise her in the gates.

PROVERBS 31:28–31

If Hold On, Mama has encouraged your heart, would you take two minutes to leave a review on Amazon? Reviews are one of the most powerful ways to help other mothers discover this book, and every word you share could be the reason another mama finds the encouragement she needs today. Thank you from the bottom of my heart.



P.S. If you have ideas as to how I can make this guide better, feel free to leave me a note at Grace@GraceStJames.com

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