Timeless HEARTS

A MONOCHROME COLORING BOOK OF
HEARTS, CONNECTION, AND TENDER PAUSE

kozakura

VIRTALIBRY

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info@kozakurapublishing.com

This Book Belongs To

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Welcome to the Monochrome Mindfulness Series

Welcome to ***Timeless Hearts***, a quiet space where creativity can wander, slow down, and settle into gentle focus.

This monochrome hearts coloring book was created as a gentle pause. It's somewhere you can rest your attention, breathe more deeply, and spend a few unhurried moments with shapes that speak of care, connection, and warmth. There are no rules to follow here, no expectations to meet, and no need for perfect results. Only the steady movement of your pen and the calm of black and white.

You don't need a full palette or special tools. One pen is enough. One page is enough. Each illustration offers a moment of stillness, where love is felt not as something loud or hurried, but as quiet reminders of closeness, presence, and shared paths.

Some days you may color for calm. Other days for comfort, reflection, or a gentle sense of affection. However you arrive, every page welcomes you. Let this book become a small ritual and a space to soften your thoughts, slow your breath, and return to what feels steady, meaningful, and kind.

Happy coloring!

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Before You Begin

This monochrome coloring book embraces simplicity, calm, and mindful creativity. With just one color, you can create peaceful, artwork that feels grounding, soothing, and quietly joyful.

Unlike traditional coloring books filled with endless color choices, this monochrome experience invites you to slow your pace and focus on the gentle rhythm of line and shape. Each page is designed to help quiet a busy mind, soften tension, and guide you into a peaceful creative flow—one that feels more like a cozy ritual than just a task to complete.

Here are a few gentle tips to help you enjoy the experience fully:

Protect the Next Page

This book is printed and fulfilled through Amazon's print-on-demand service. While this allows the book to be widely available, I understand that some readers have occasionally had mixed experiences with paper quality depending on location or print batch.

If you use wetter inks, some bleed-through may occur. To prevent this and keep every design looking its best, place a blank sheet of paper, cardstock, or a thin plastic page behind the page you're coloring. This simple step helps keep your experience clean and stress-free by preventing bleed-through. It preserves the illustration on the reverse side of the page and allows you to color with confidence and ease.

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Choose Your Tools

Use black markers for bold fills and larger areas and use black ink pens for fine details and delicate patterns. Feel free to mix both. There are no strict rules here, only what feels right for you.

Popular Pen Styles & Their Strengths

- **Fine-line pens** are perfect for intricate details, patterns, and tighter design spaces.
- **Thicker pens** are ideal for bold sections, striking silhouettes, and defined outlines.
- **Flexible tip pens** are excellent for dynamic strokes that shift between fine and bold with gentle pressure control.

Helpful Tips for a Smoother Experience

- Avoid pressing too hard to reduce bleed-through.
- Let each section dry fully before placing your hand over it.
- Keep scrap paper nearby for testing.

Pro Tip

Keep both a fine-tip and a broader black pen nearby. This allows you to shift easily between precision and boldness.

For added pizzazz and customization you can also layer white marker details over black-filled areas to create highlights, patterns, or delicate ornamentation. This technique can add beautiful texture and individuality to your pages.

For best results, use a high-quality, opaque white pen or marker such as a gel pen or paint marker which can visibly stand out and cover black ink more effectively.

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Follow the Design (X Marks the spot!)

Fill in the illustrated spaces marked by the small x's and allow each festive scene to unfold gently. Let your hand trace the shapes, curves, and patterns as your mind settles into a quiet, steady rhythm.

NB: There are reference pages at the end of the book in case you'd like to see what a finished design might look like or choose a page based on its complexity. They're tucked neatly at the back so you won't spoil the surprise unless you decide to peek.

Share Your Creations With Us

We'd love to see your beautiful Christmas masterpieces! Your creativity helps spread warmth, peace, and festive magic.

Share your pages on social media and tag us:

@KozakuraColoring
#KozakuraColoring

Thank you

Thank you so much for spending time with our coloring book. We hope you found joy and relaxation in these pages. If you enjoyed this book, please consider leaving a short review. Just a few sentences about what you liked can make a big difference!

Want more? Check out the other monochrome mindfulness books here!
mybook.to/MonochromeMindfulness

Follow my Amazon author profile for new releases.
Stay tuned!

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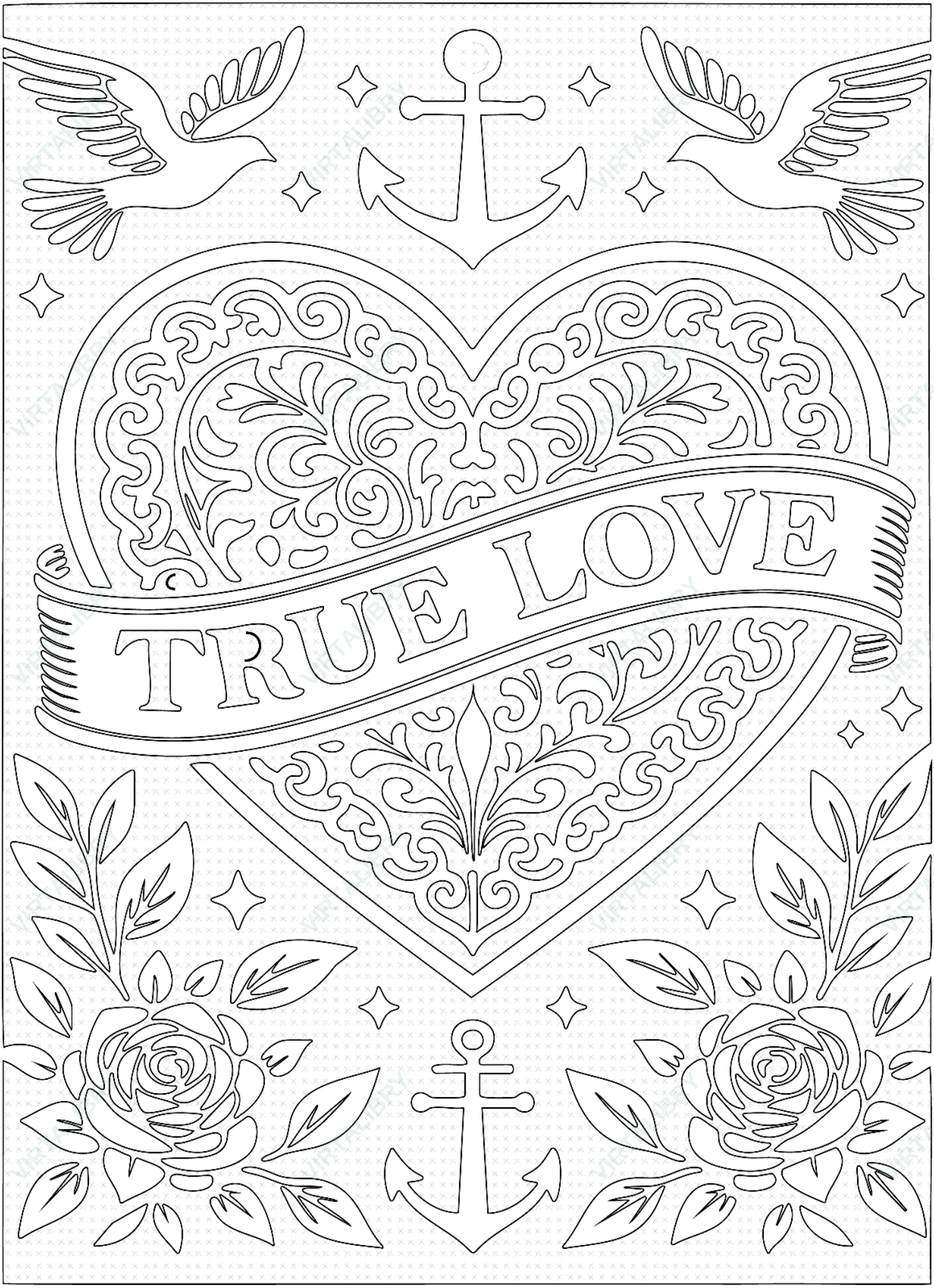
TRUE LOVE

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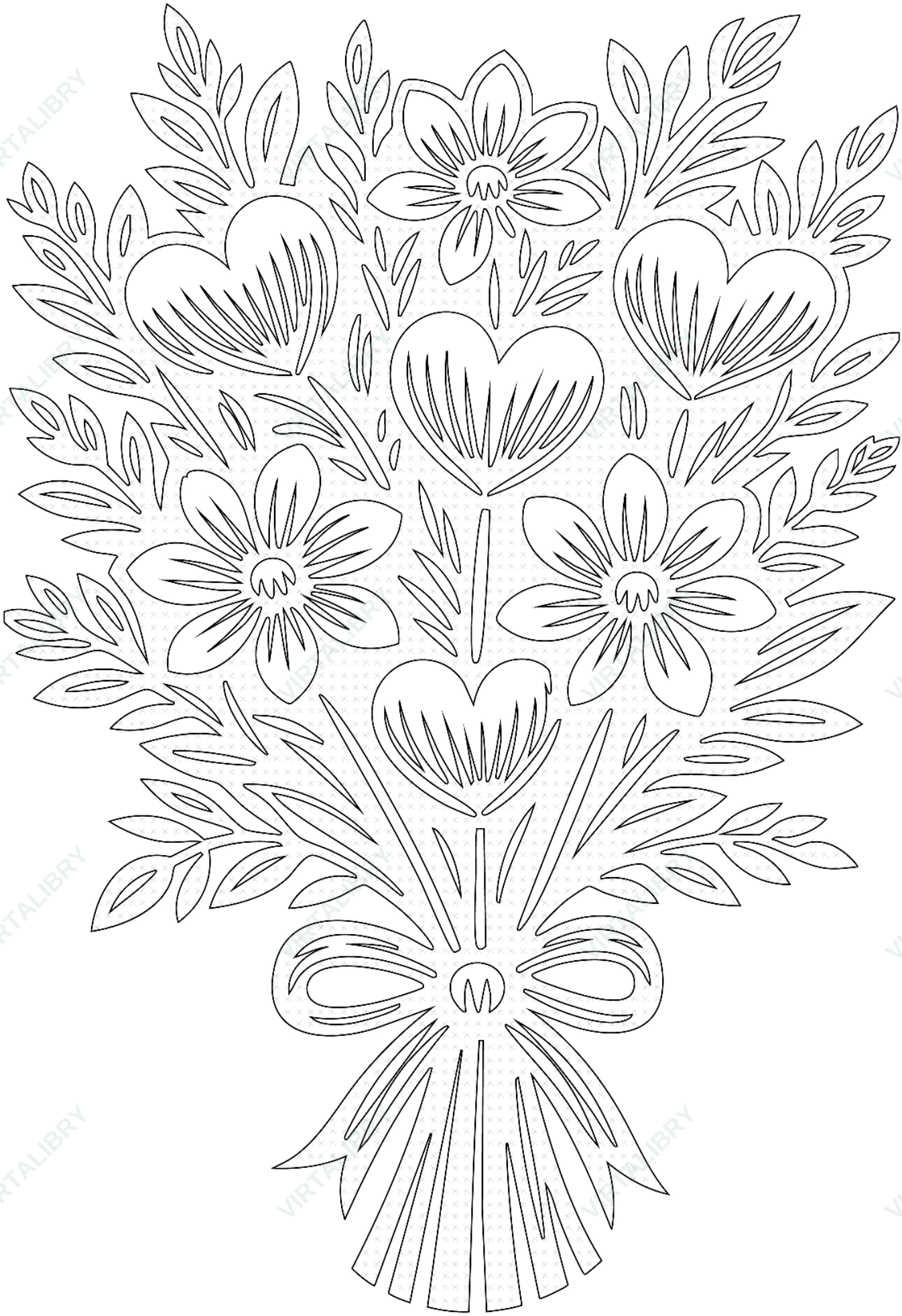

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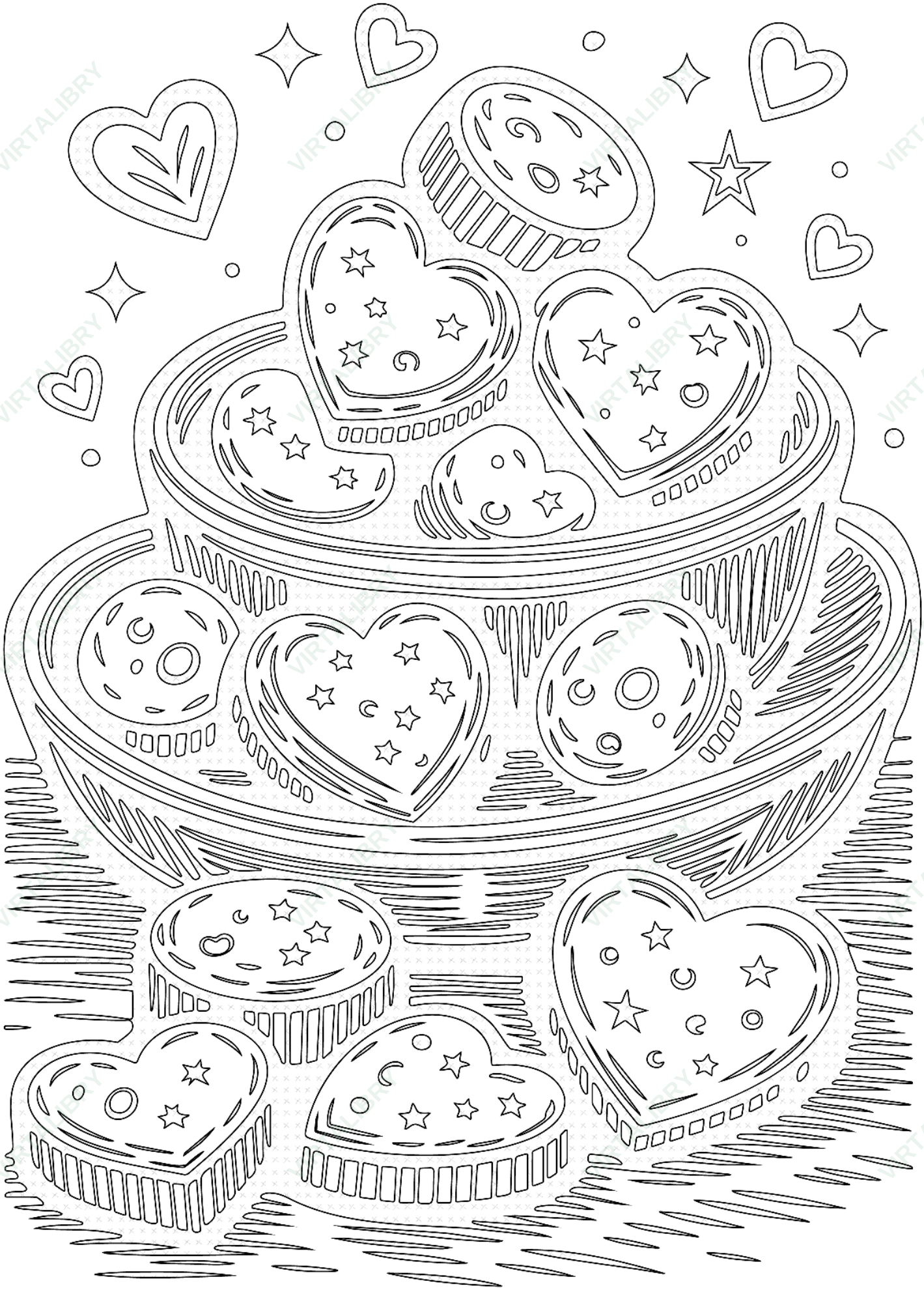

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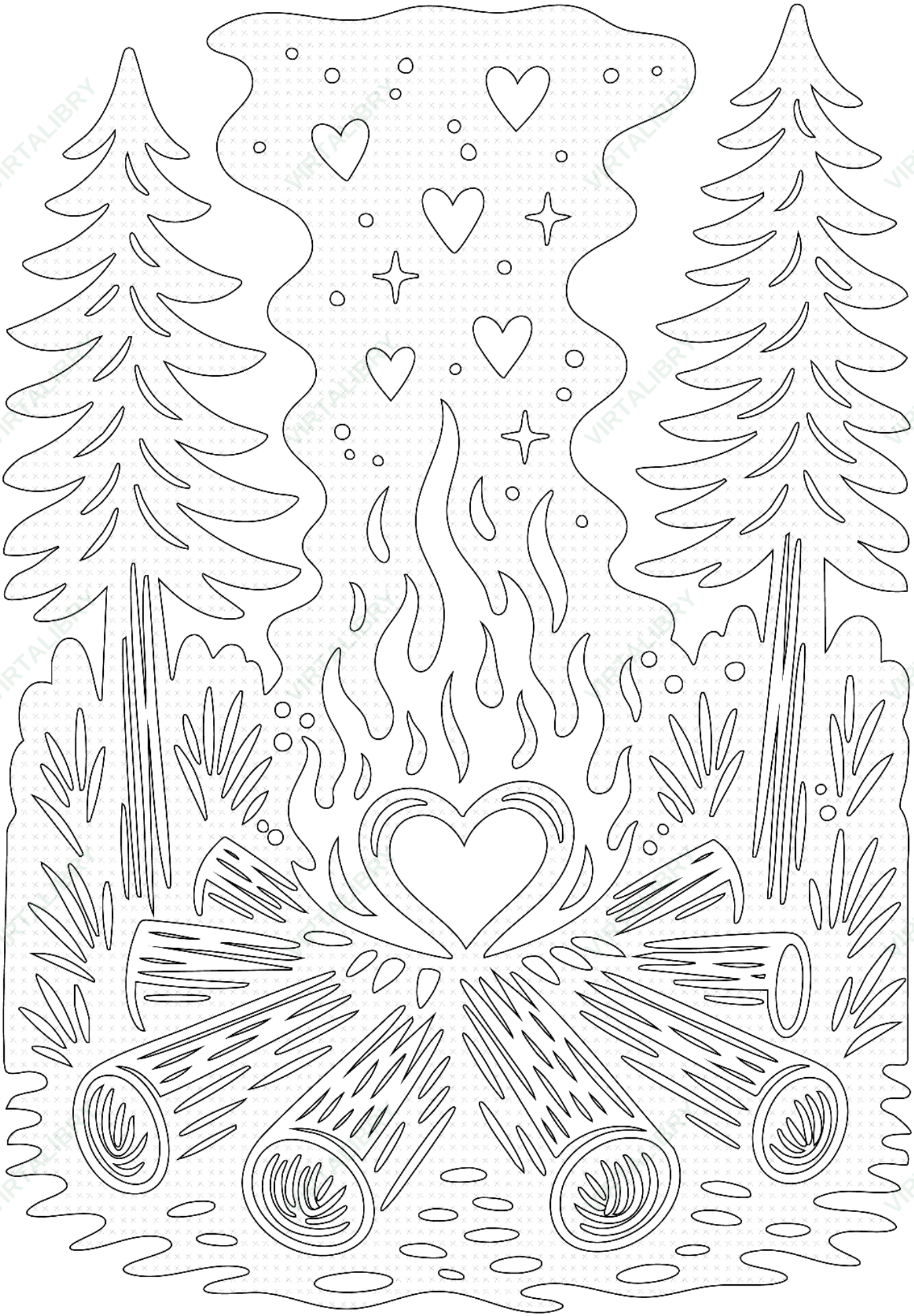

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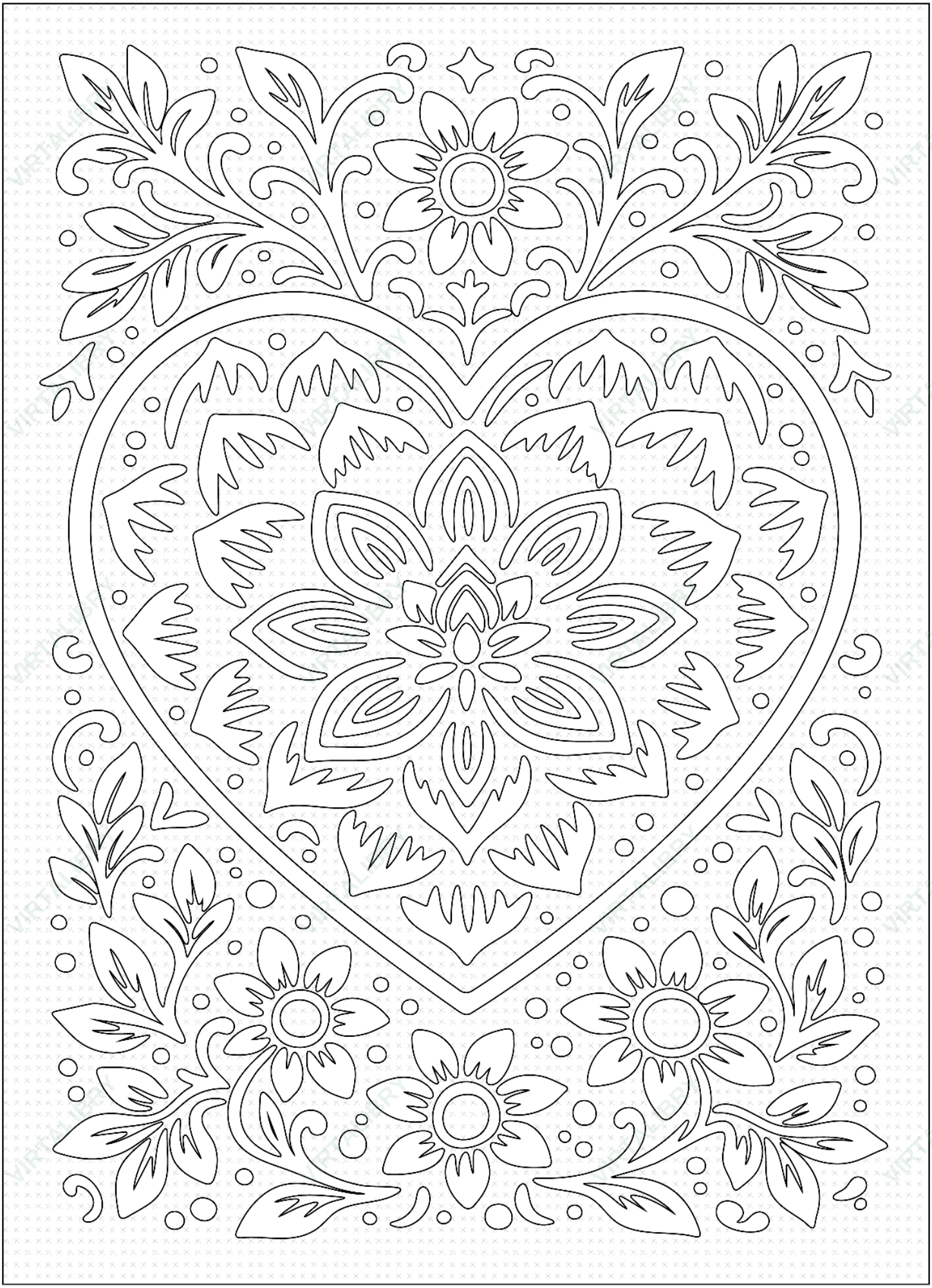

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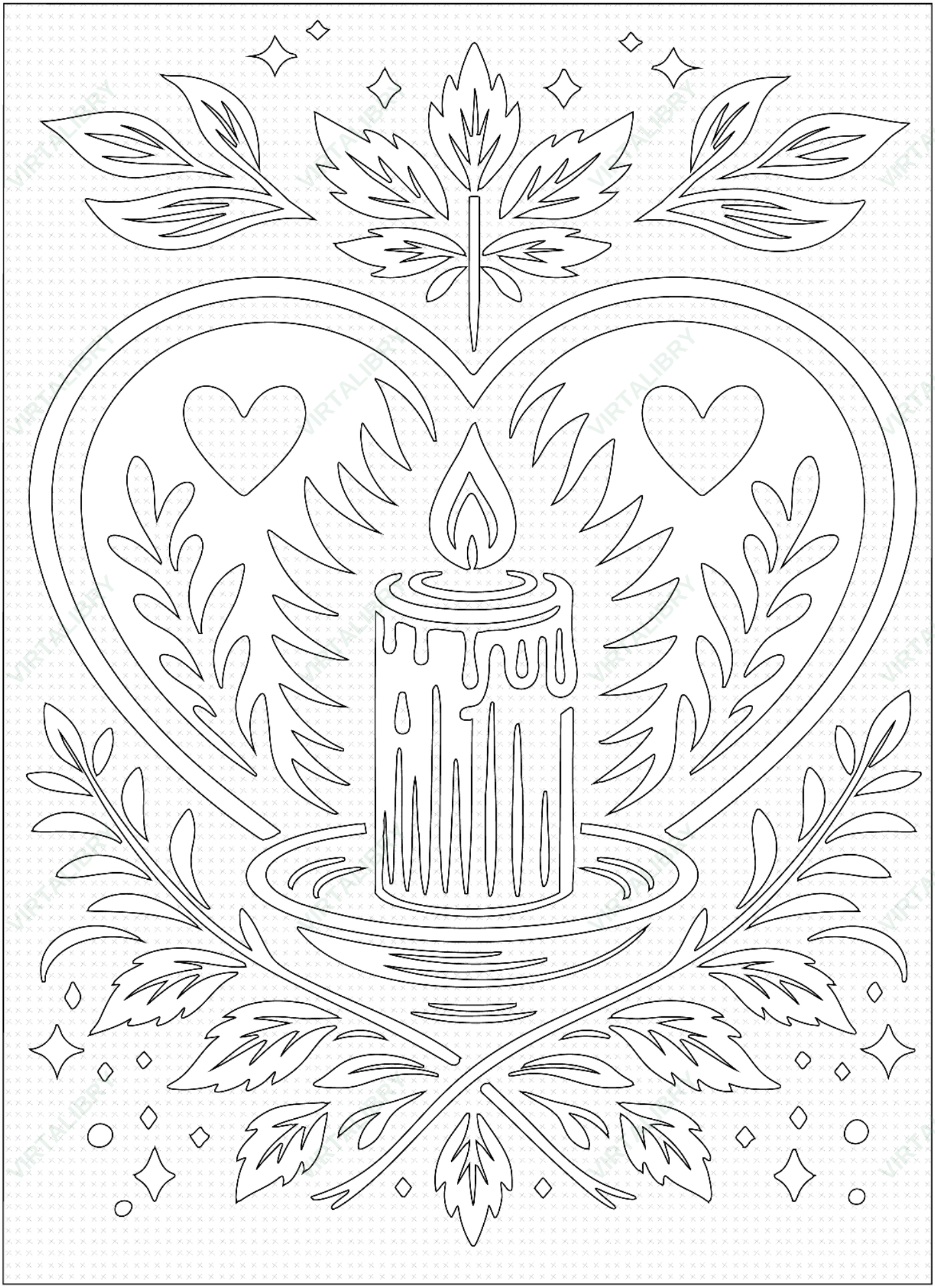

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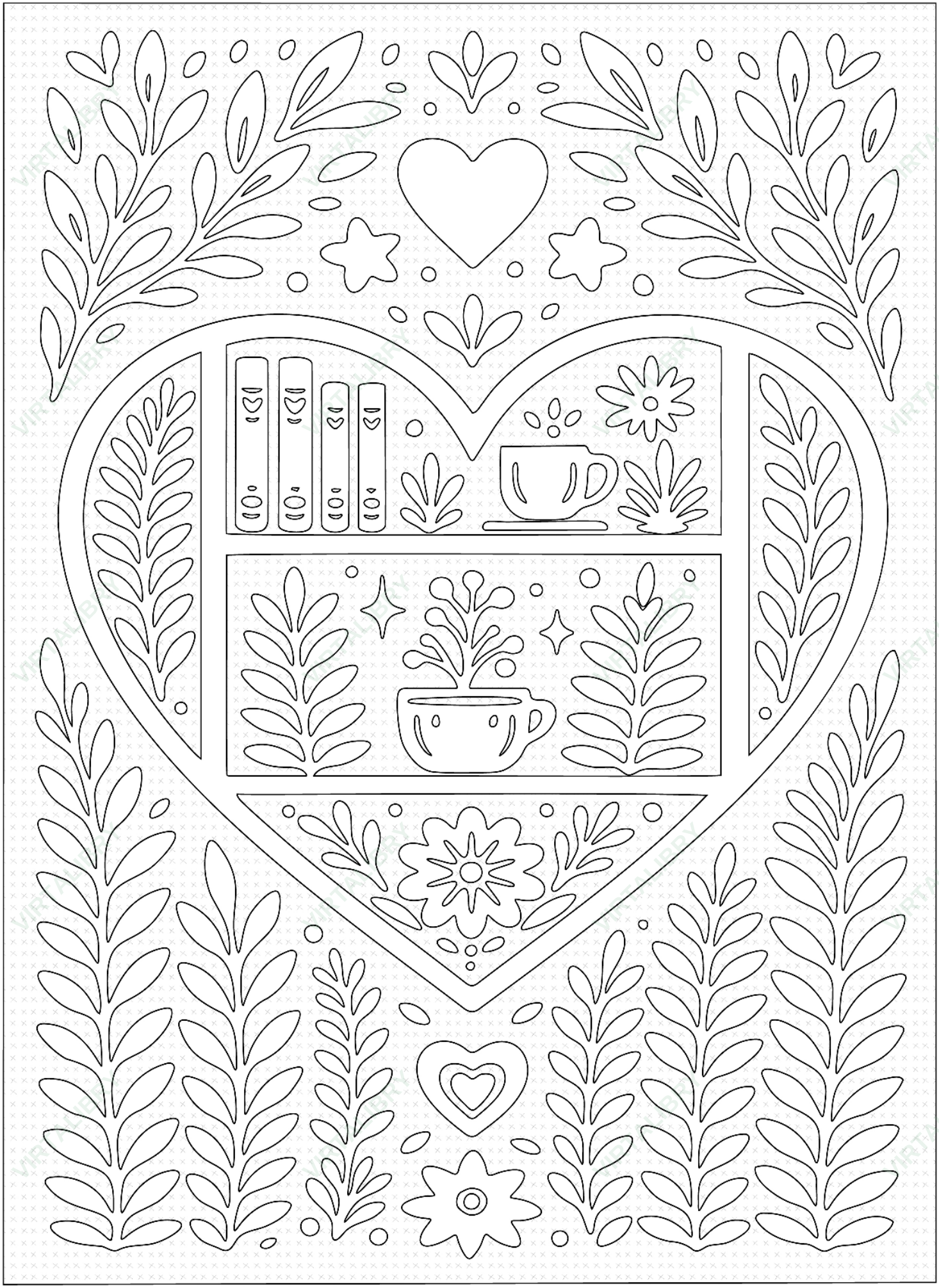

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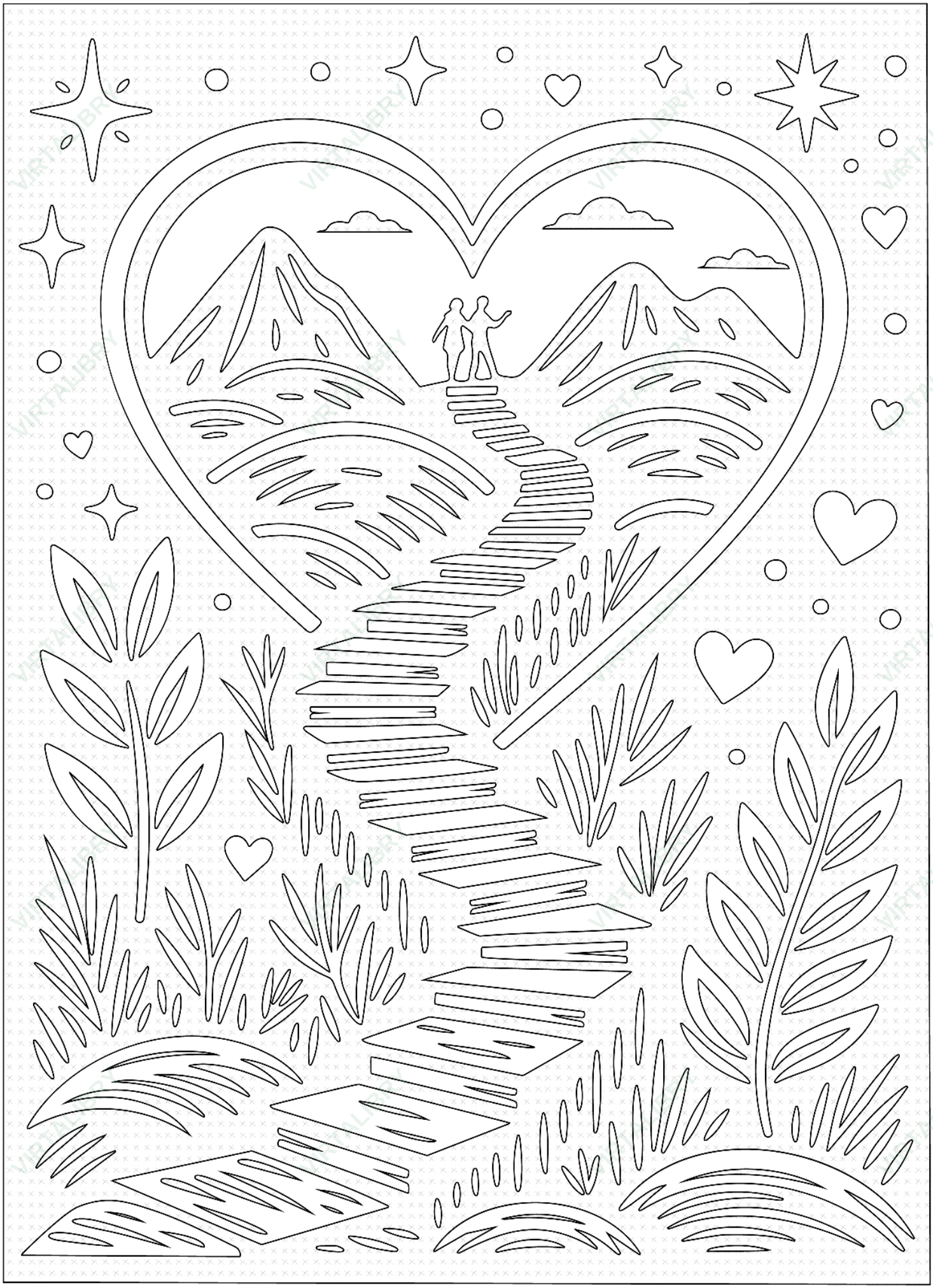

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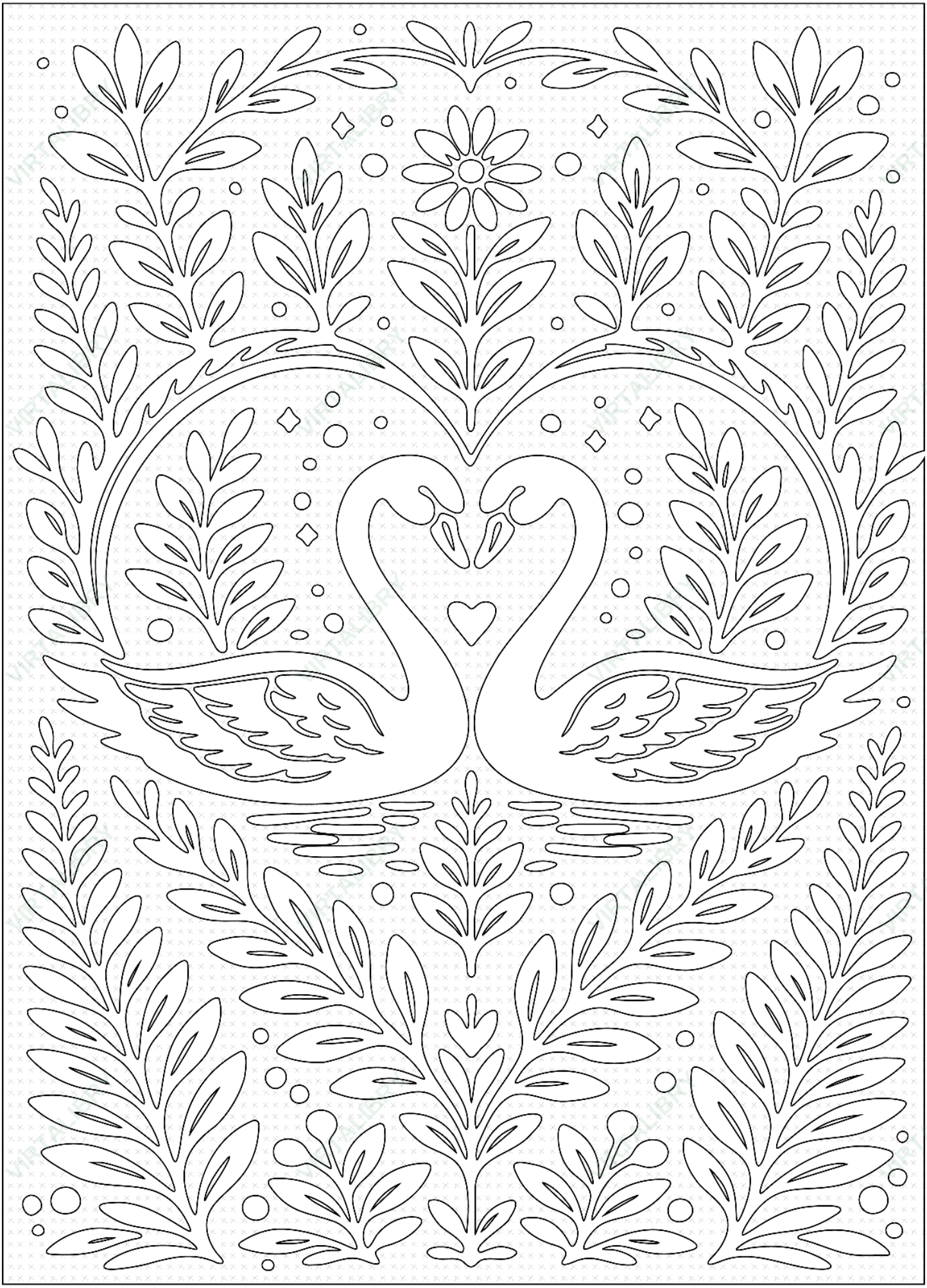

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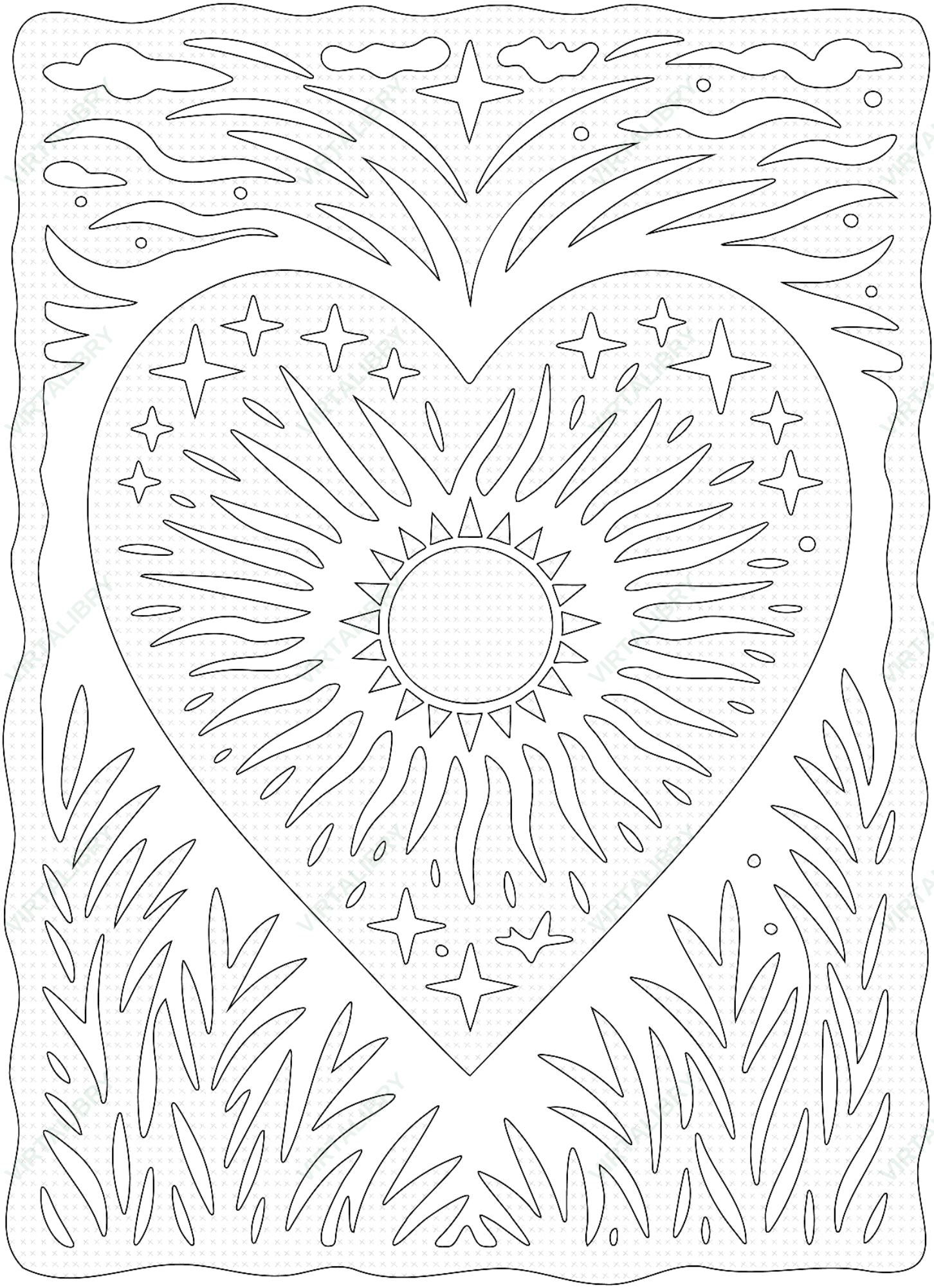

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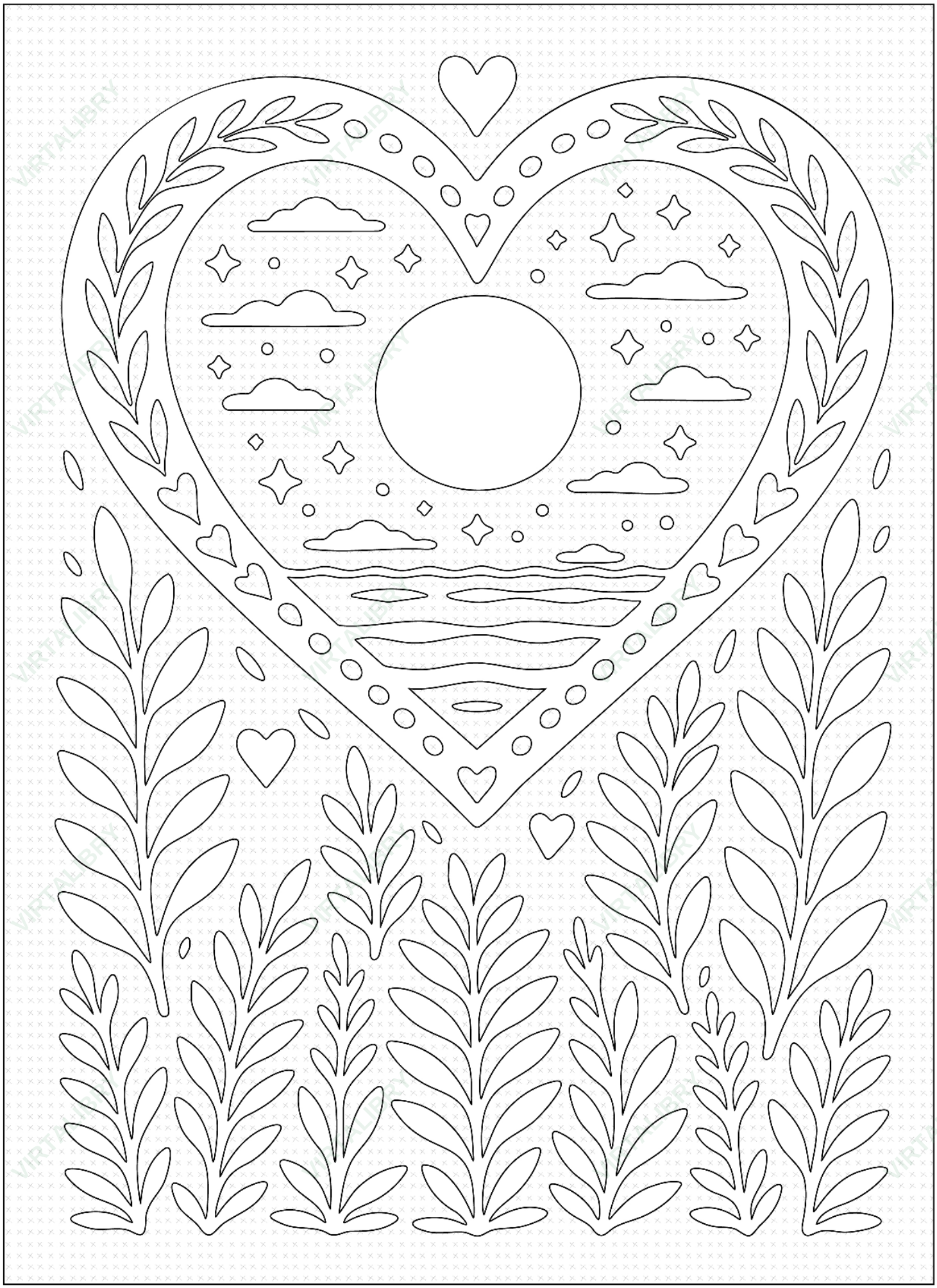

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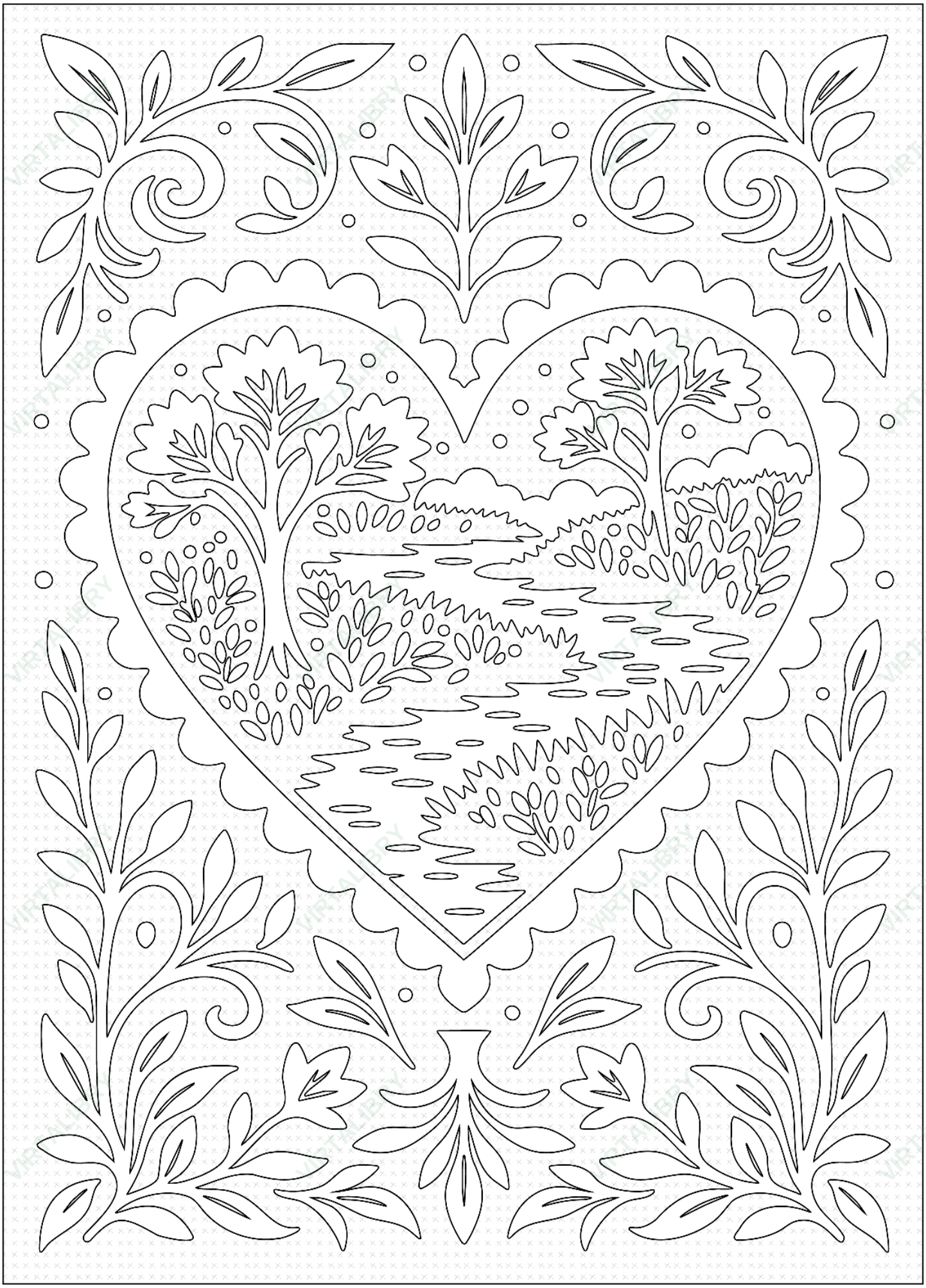

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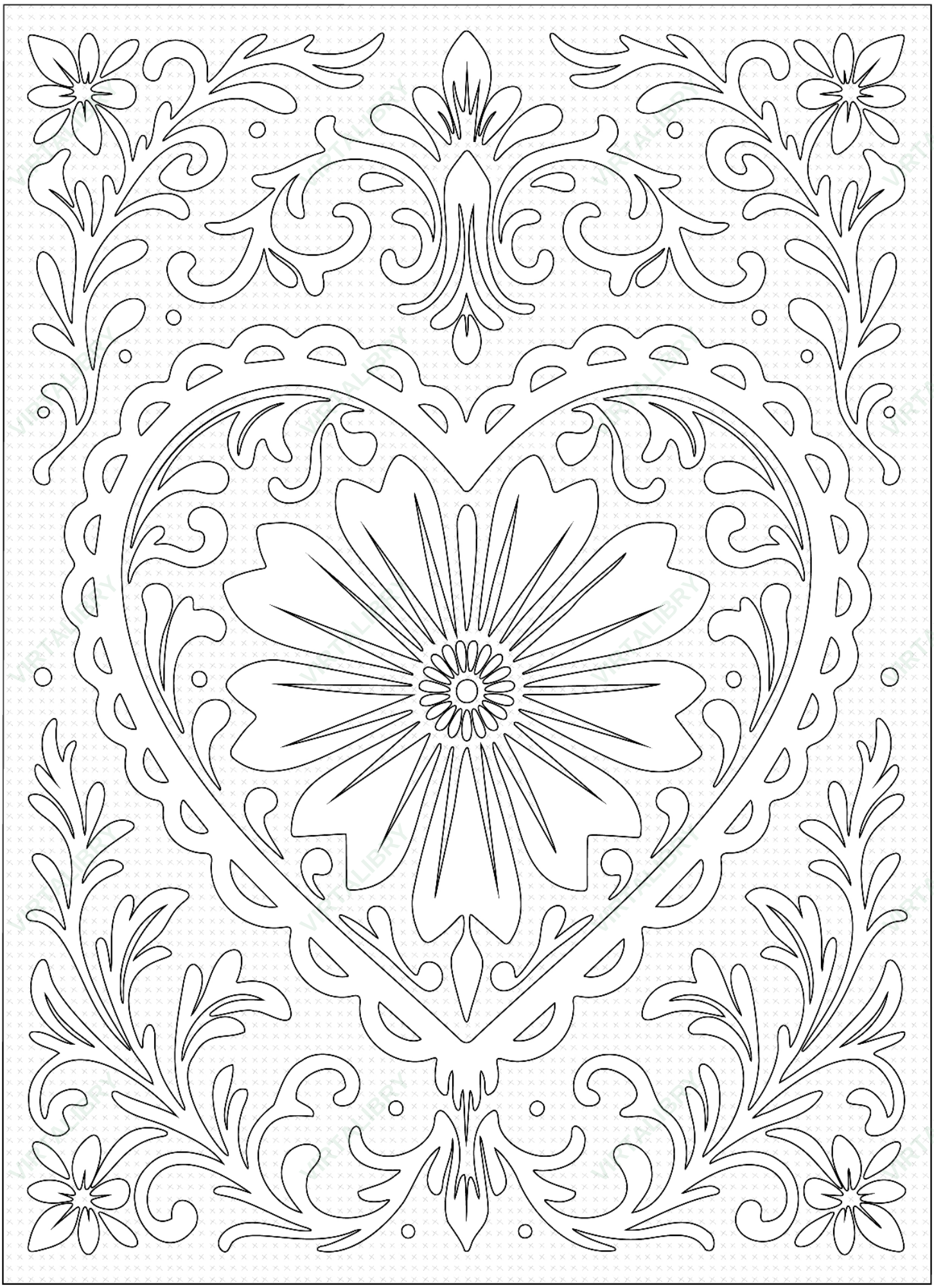

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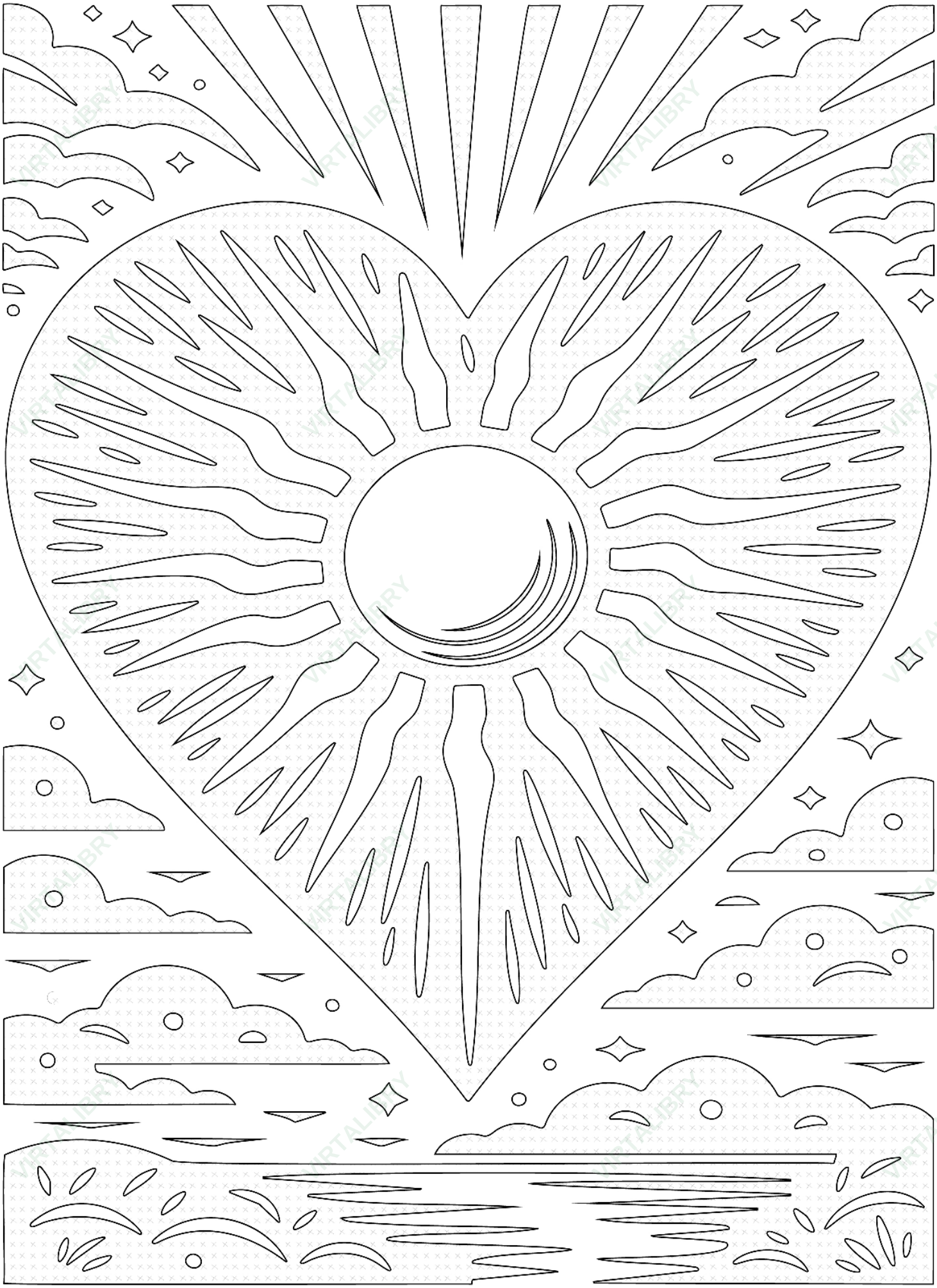

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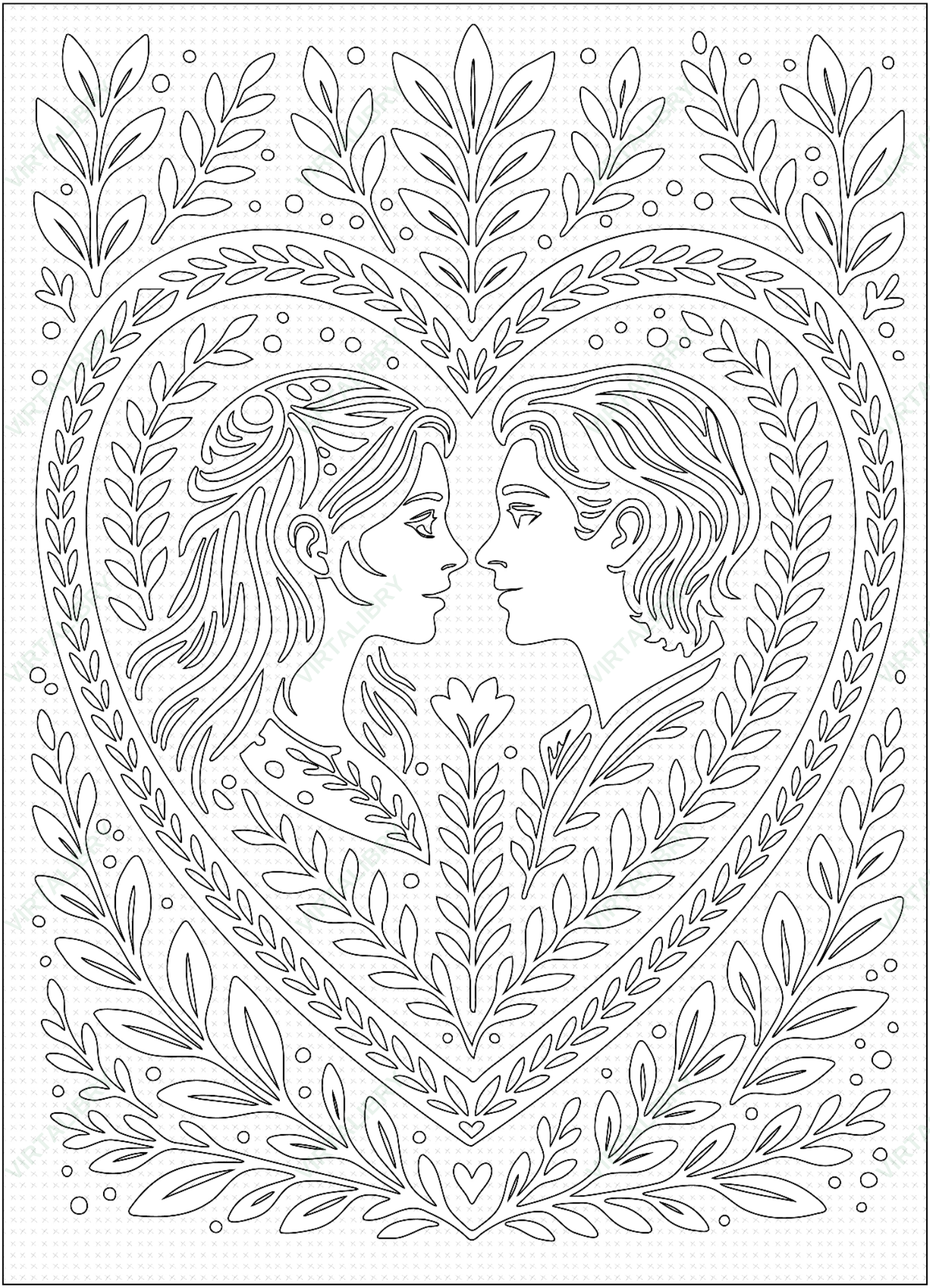

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Finished Image References

The images that follow provide a quick visual guide to the completed illustrations in this book. These references are here to gently support your coloring journey whether you'd like a clearer view of the full design, inspiration for how the image comes together, or simply a helpful overview before you begin.

Feel free to follow them closely, use them as light guidance, or ignore them entirely and create in your own way. This space is yours to explore freely, at your own pace and in your own style.

There is no right or wrong — only your unique creative expression. Enjoy the process, and let each page unfold with calm and ease.

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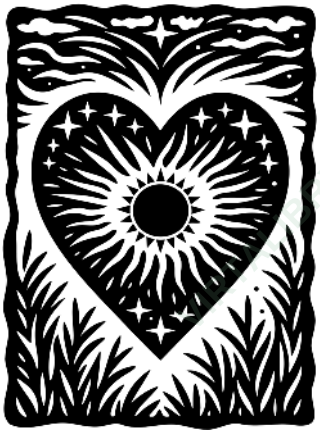

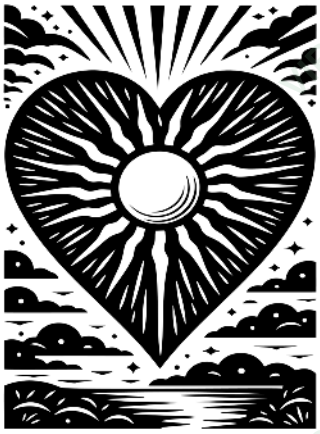

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From the author

Thank you so much for choosing this monochrome coloring book.

Your support truly means the world as a small independent publisher. We hope these pages bring you a calming pause, a creative reset, and a little bit of quiet joy each time you sit down to color.

As a thank-you, I'd also love to send you 8 additional exclusive bonus monochrome illustrations that you can print, along with access to future free downloads, discounts, updates, and new release announcements.

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(No spam — just cozy creative extras.)

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Thank you again for being here and for supporting my work. I'm so grateful you've welcomed this book into your collection, and I hope it brings you many peaceful moments of coloring.

With appreciation,
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